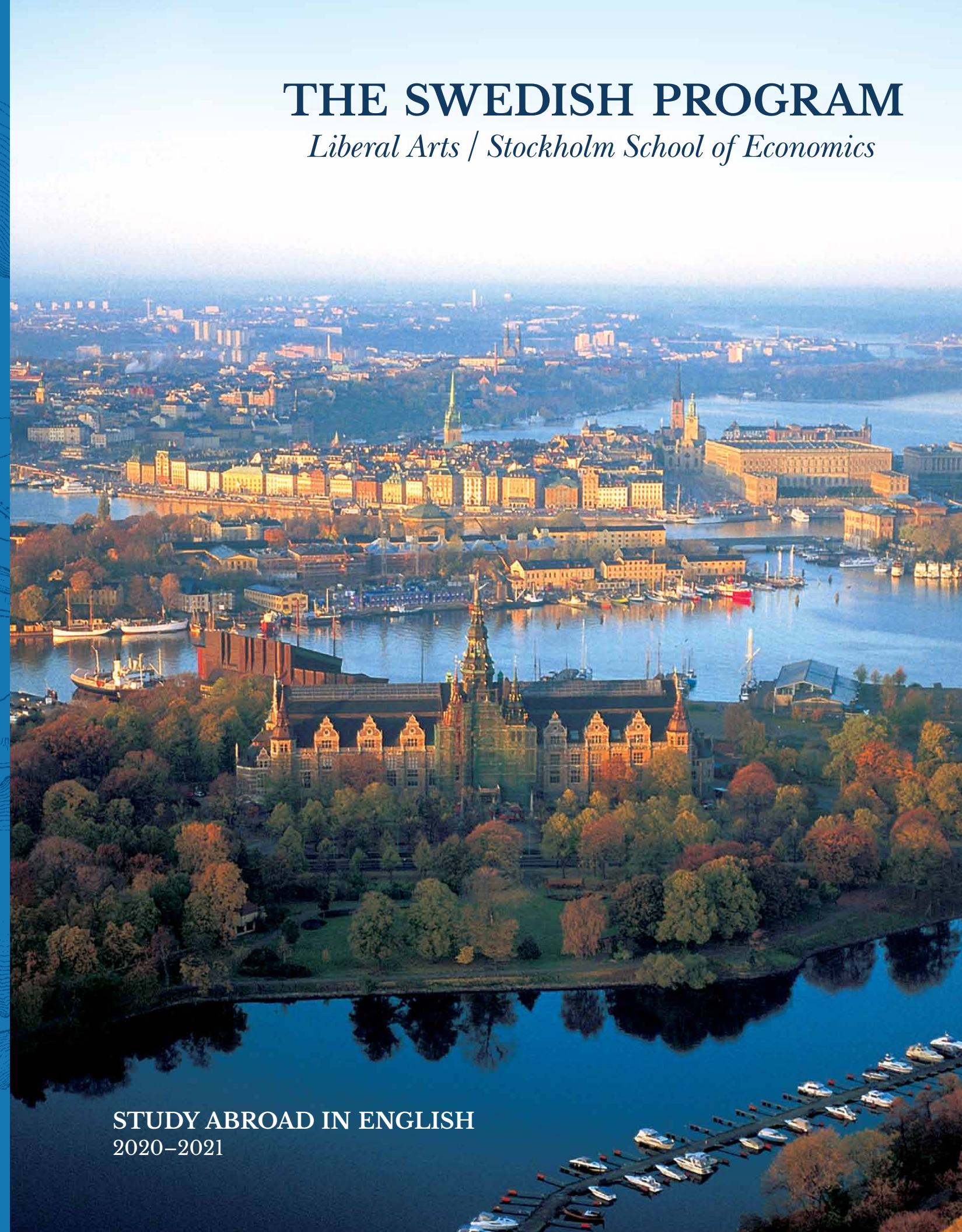


THE SWEDISH PROGRAM

Liberal Arts / Stockholm School of Economics

"The Swedish Program is an opportunity for students to participate in one of Europe's most prestigious academic institutions while experiencing the rich culture and life in the beautiful city of Stockholm. It sounds too good to be true, but my fantasy semester abroad has undeniably shaped my growth as a student and as a citizen of the world."

—Gretchen Gerlach, Brown University



STUDY ABROAD IN ENGLISH
2020–2021

The Swedish Program is built for those who crave an enriching study abroad experience: both academically and culturally.



Welcome to The Swedish Program!2

The Courses6

 Course Descriptions.....7

Academic and Cultural Integration at SSE 14

 Academics in Focus.....18

 Internships20

 Housing: Live Like a Local22

 Student Life23

Life in Stockholm..... 24

Group Travel28

Top Ten Reasons to Apply32

Admissions 34

Welcome to The Swedish Program!

Why Choose The Swedish Program?

The Swedish Program is sponsored by a consortium of American colleges and universities and affiliated with the Stockholm School of Economics (SSE), one of the most prestigious universities in Europe. We offer a full range of liberal arts courses taught in English. Our classes are small so Swedish Program students get to know their professors and peers. At the same time, students have access to SSE facilities and the local student community of clubs, social events, and professional opportunities. There are limitless possibilities for academic and cultural integration.

As a small program within an international university, we bring you the best of both worlds.

"My semester was one of the most transformative experiences in my life. I will forever be grateful for the warmth and openness of my host family, the enthusiasm of my fellow students, and the dedication of the Program staff. I can't say thank you enough."

—Marina Stam, Bowdoin College



Our Mission

The Swedish Program is committed to challenging students intellectually and culturally. We aim to teach the values of global citizenship to help prepare students to address the political, economic, social, technological, and artistic issues of the 21st century. This mission is supported by the distinctive features of the program, including our curricular breadth across the liberal arts, high academic standards, integrated university setting, and small size.

Our Philosophy

We believe that a successful study abroad experience involves pushing yourself to discover different ways of thinking and living. Integrating within your new host country is not an easy task—especially in a four-month academic semester—so we work hard to create opportunities to meet Swedes and experience Swedish culture. We hope you'll join us for this unique intellectual and personal challenge.

Stockholm City Hall,
home of the Noble
Prize Banquet



"I can't imagine experiencing one of the most
magnificent cities on the planet with a more fun-loving,
caring and down-to-earth group of people.
My semester was unforgettable!"

—Philip Musey, Harvard College



The Courses

Students choose four courses per semester. Courses without an asterisk are open to Swedish Program students only. Courses with an asterisk are open to Swedish Program students and SSE students, so you may share the classroom with Swedish and international students. Courses with two asterisks are direct enrollment courses at SSE. Enrollment is limited so students are encouraged to apply early if they wish to choose a SSE course. The course with three asterisks is a Stockholm University direct enrollment class. Due to scheduling limitations, students may enroll in only one direct enrollment course per semester.

Fall Semester 2020

August 17–December 5

Economics

Energy and Environmental Economics
The Economics of European Integration
Finance: Investment Management**
Empirical Economics**
International Economics**

Public Policy, Sociology, and Politics

Comparative Public Policy: The Swedish Model in the 21st Century*
Nationalism and Populism: An International Perspective
Societal Entrepreneurship: Critical Perspectives**

Psychology

The Psychology of Health and Well-Being:
A Gender Perspective
The Psychology of Work*

Humanities

History of Modern Scandinavian Art and Architecture
Swedish Film and Television Culture***
Swedish Language (1, 2, or Advanced)
Writing Sweden
Swedish Crime Fiction

Independent Studies & Tutorials

Independent studies and tutorials can be arranged in most disciplines. All independent studies must be approved by the relevant department chairperson at your own institution and by our Executive Director prior to arrival in Stockholm. The approval process involves completing an independent study proposal form. Examples of independent study topics include Medical Ethics, Theater, Statistics, Philosophy, and Photography.

Course Descriptions

Orientation:

Language Study and Introduction to Swedish Society and Culture

Instructors, Program Faculty & Staff

This one week period will involve daily language instruction and informal discussions on Swedish society and culture. The emphasis will be on confronting the reality of “culture shock.” Orientation also includes planned social activities with Program faculty, administrators, host families, and contact families.

Swedish Language 1

Instructor, Camilla Sveréus

Study of grammatical structure, vocabulary, and syntax. Special emphasis will be placed on the development of conversational skills.

Swedish Language 2 or Advanced

Instructor, Camilla Sveréus

Advanced study of the structure of Swedish language, with emphasis on both conversational and written skills.

Writing Sweden

Instructor, Malin Nauweck

This creative writing course creates a unique space for students to engage creatively with their study abroad experience in Stockholm. Students have the opportunity to express their own voice about their engagement with Sweden, i.e. their cultural experiences, observations, and impressions through a number of literary forms such as: short fiction, including flash fiction; creative non-fiction, including nature writing and memoir; lyric and narrative poetry, personal essays, and free-form journaling. Students will be challenged to examine their own creative response to a new culture—to place, to foreignness—with the responses of other writers in similar situations, both well-known authors and classmates. In Writing Sweden, students will see and engage a life both familiar and unfamiliar, both puzzling and inspiring about their host city and country. This course is typically given credit by English Departments.

Finance: Investment Management

Instructor, Marcus Opp

This direct enrollment course provides an introduction to financial economics. The focus of this course is to learn about optimal financial decision making and pricing assets. The topics to be studied include: arbitrage, risk and return, optimal portfolio choice, capital asset pricing model, market efficiency, and financial derivatives. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one course in Statistics. This 300 level course is typically given credit by Economics Departments.

Societal Entrepreneurship: Critical Perspectives

Instructor, Sarah Jack

The purpose of this interdisciplinary course is to inspire students to develop a sociological perspective which allows them to understand the role of entrepreneurship and its wider impact on society. Examining current trends in entrepreneurship and changes in society will allow students to envision new creative opportunities. This course will allow students to deepen their understanding about entrepreneurship, through questioning, describing, discussing and debating. Such discovery will enable students to play a part in (re)defining the future role of the entrepreneur.

An understanding of institutional changes in society can lead to insights regarding different models for doing business and raising venture capital, as well as to opportunities to advance society. Topics to be considered in this context include gender and diversity, innovation, and environmental sustainability. Understanding the social and economic conditions entrepreneurs face will be developed through the linking of theory with practice. In taking this course, students will therefore, develop a better appreciation of the role of the entrepreneur and how entrepreneurship can be seen as an agent of institutional change. Prerequisites: two courses in Social Science or any other course that addresses current research in the interdisciplinary field of entrepreneurship. This course is typically given credit by Sociology Departments.

The Psychology of Work

Instructor, Aleksandra Bujacz

In this course, we will focus on human behavior at work and in other organizational settings. Specific topics to be examined include: motivation and job satisfaction; stress and employee health; challenges and benefits of group decision-making; status and power; values, culture, and leadership; and organizational change. The course consists of three modules: I. The person and the situation: feelings, values, and goals of an individual and how are they influenced by the social environment. II. Groups and leaders: cooperation, judgment, effectiveness of teamwork, and reasons why we need leaders. III. Stability and change in the organization: climate, culture, organizational processes, and how to initiate change. Pre-requisite: one course in Psychology. This course is typically given credit by Psychology Departments.

Empirical Economics

Instructors, Erik Lindqvist & Robert Östling

Economists study the behavior of individuals, firms, and aggregates. Economic models provide ways to think about how agents act. Data allows us to quantify these relationships and test competing models against each other. This direct enrollment course provides a link between economic theory and observations from the real world. In doing so, we cover a number of commonly used empirical methods. The focus will be on the practical applications of these methods and interpretation of the results. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one introductory course in Statistics. This 300 level course is typically given credit by Economics Departments.

**“Stockholm is a modern city,
but still infused with so much history;
its urban but beautiful trails and parks
are so accessible. It is clean, safe,
and never too hot. Swedish life and
culture are so interesting. I couldn’t
think of a better place to spend
my semester abroad.”**

—Sylvia Zhang, Yale University

Energy and Environmental Economics

Instructor, Elena Paltseva

This course provides a general overview of important aspects of provision, management, and economic and political importance of energy resources and their environmental implications. More specifically, the course will address market interactions, pricing and regulation in oil, gas, coal, and electricity markets. In this discussion, we will also cover most recent developments in the energy field, such as the fracking revolution in oil and gas, as well as touch upon the issues of energy security. We will proceed to address the environmental aspects of energy, talk of renewable energy, emissions and emission trading, and discuss the prospects of green energy transition. To add a broader economic perspective, we will also look into the impact of energy resources, and natural resources in general, on economic and institutional development. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one course in calculus. This course is typically given credit by Economics Departments.

International Economics

Instructor, Paul Segerstrom

International Economics is the study of commercial transactions that take place between countries. This direct enrollment course provides an introduction to international trade. In the first part of the course, we address the question “Why do countries trade?” One answer is that countries differ in their technologies or in their resources and specialize in the things that they do relatively well. We study the Ricardian model, where trade is driven by differences in labor productivity across countries, and the Heckscher-Ohlin model, where trade is driven by differences in resources across countries. In both models, comparative advantage considerations determine the pattern of trade, that is, which goods each country exports. The Heckscher-Ohlin model has the additional interesting property that trade always generates winners and losers.

In the second part of the course, we address the question “Why do countries restrict trade?” We study the most commonly used ways of restricting international trade: tariffs on imported goods, import quotas, and export subsidies. For each form of government intervention, we solve for the equilibrium effects, who gains, who loses and by how much. Then we turn to the debate about free trade versus protectionism and present the main arguments on both sides: why countries should adopt free trade and why countries should protect industries from foreign competition. Finally, we discuss the politics underlying trade policy and why trade policy has changed over time. Pre-requisites: two courses in Microeconomics and one course in Calculus. This 300 level course is typically given credit by Economics Departments.

Swedish Crime Fiction

Instructor, Malin Nauwerck

The purpose of the course is to provide students with a basic knowledge of the tradition of Swedish crime fiction, and to stimulate interest and critical reflection on this subject. A selection of acclaimed Swedish crime novels is the main material of the course, but the students will also get acquainted with famous film adaptations in the genre, as well as critical analyses of important works and discussions of the genre in the book market.

The course takes its starting point in the influential author-duo of Maj Sjöwall & Per Wahlöö, creators of emblematic character Martin Beck. The works of Sjöwall & Wahlöö can be seen as the incitement to the way many Swedish authors use crime fiction as a genre where societal problems and political issues can be highlighted. The genre of Swedish crime fiction will be discussed from several points of view, but special attention will be directed towards the relationships of literature to society (e.g. issues concerning class, gender, and how Sweden as a nation is (re)presented in these texts). This course is typically given credit by English and Comparative Literature Departments.

Institutions and Economic Development

Instructor, Örjan Sjöberg

The purpose of this direct enrollment course is to provide an introduction to the role of institutions in economic development and structural change. It is structured around three themes: institutional theory, the nature of structural change, and the role of institutions in generating the outcomes observed. Each theme is developed over the course of three lectures, followed by a compulsory small group seminar.

The first theme focuses on institutional theories and theoretical frameworks designed to account for the existence and impact of institutional variation. The second introduces the notions of economic development and structural change. Finally, using empirical examples, the third theme discusses the role of institutions in these developments. Instances of ex ante and ex post institutional change are identified, as are cases of institutional variation, complementarities, and competition. The interaction and tension between developments at different scales—global, national, sub-national—are identified. Examples from Sweden, Europe, and Asia are used. Pre-requisites: two courses in Microeconomics, one course in International Economics, and one course in Calculus. This 300 level course is typically given credit by Economics Departments.



**“My experience in Stockholm
was incredible. I never imagined
getting as comfortable, feeling as
safe, and acclimating as quickly to the
culture while living in any city
as I did in Stockholm.”**

—Grace Waweru,
University of Pennsylvania

Migration Policy and Politics

Instructor, Jonas Brodin

People move from one place to another—and always have. Migration might be voluntary and economic—in search of a better life—or forced and political—simply to save one’s life. Whatever the nature of the migration, it always has consequences that go far beyond the simple increases and decreases in population—for example, the current migrant crisis in Europe has strengthened far-right populism and isolationism, seen most dramatically in Britain’s decision to withdraw from the EU. It should come as no surprise, then, that migration is perpetually at the center of our political discourse. In this course, we will investigate migration and its consequences from a number of different perspectives. The first section of the course will take a historical perspective, looking at past migration flows and the many ways in which those flows have transformed the places that migrants leave, pass through, and settle in. The next section examines the migrant experience from multiple angles—from how the rhetoric surrounding immigration influences public policy, to the barriers and policies related to the integration of immigrants in different areas—culture, the labor market, and criminal justice. The final section of the course will critically examine current migration debates and case studies. At the end of this section—and the course—students should be able to analyze those debates and case studies and understand the consequences of migration more fully. This course is typically given credit by Sociology and Political Science Departments.

Sociology of Food in Sweden

Instructor, Nicklas Neuman

What people eat, when they eat, and how they eat reflect the specific history and culture of a society. We will examine how food in Sweden is a reflection or microcosm of the larger culture. The course will examine the ways in which modern and contemporary social, economic, and political changes—in technology, education, family structure, gender roles, public health, environmental protection, and immigration—have led to changes in food culture. Attention will be given to how class, social status, gender, race, and ethnicity affect food consumption, choice, and behavior. Food policy will also be addressed in the context of the development of the Swedish welfare state. Lastly, we will study the current food “revolution” in Nordic countries, highlighted by the recent emergence of internationally acclaimed restaurants in Sweden and Denmark, many of them focused on farm-to-table ingredients. Pre-requisite: one course in Sociology, Anthropology, or Public Policy. This course is typically given credit by Sociology, Anthropology, and Political Science Departments.

The Economics of European Integration

Instructor, Pehr-Johan Norbäck

This course deals with the economics of European integration. After a brief introduction and history of the European Union, we start with the microeconomics of European integration and examine the effects of moving towards a Europe outlined in the Treaty of Rome (1957) with free flow of goods and services, capital and people. We then turn to the macro-economics of European integration and examine benefits and costs of monetary integration and the adoption of the Euro. The course will give you the theoretical tools to understand various policy issues, ranging from the recent Greek crises to the Transatlantic Trade and Investment Partnership (TTIP) currently negotiated by the EU and the US. Pre-requisites: two courses in Microeconomics, two courses in Macroeconomics, and one course in Calculus. This 300 level course is typically given credit by Economics Departments.

Language, Cognition, and Social Behavior

Instructor, Helleen Vergoossen

Language is a fundamental tool in human processes, playing a key role in sharing and influencing reality, in the transmission of cultural knowledge, and in establishing and maintaining relationships. What people say to each other strongly influences the quality of their relationships and their psychological well-being. Humans are also surrounded by language throughout the day—in face-to-face interaction, but also in the media, such as in newspapers, literature, and the Internet.

The aim of this course is to explore this intersection of language, cognition, and social interaction. We will examine how language affects and is affected by cognition. Special attention will be given to how learning Swedish, as a study abroad student, can be seen as an empirical case study of this relationship between language, cognition, and social interaction. Pre-requisite: one course in Psychology. This course is typically given credit by Psychology Departments.

Working Together: Gender and Organization

Instructors, Karin Svedberg Helgesson & Jesper Blomberg

The purpose of the course is to improve students’ abilities to understand and analyze gender structures, and how issues of gender may be intertwined with everyday practices, rules, and routines in the workplace. The course further aims to improve students’ knowledge of how problems and dilemmas related to gender in the workplace are currently being addressed in organizations. Finally, an explicit aim of the course is to provide students with examples of models and tools that can be used to build better organizations where gender is not a problem but an opportunity to make work both more equal and productive. Pre-requisite: one course in Social Science or one course in Gender Studies. This course is typically given credit by Sociology, Political Science, and Gender Studies Departments.

Comparative Public Policy: Sweden and the EU

Instructor, Jonas Brodin

During the Cold War, the existence of a trans-Atlantic civilization was more or less given—no one questioned that the countries of Western Europe had more in common with the countries of North America than with their immediate neighbors behind the Iron Curtain. In the past several years, however, there has arisen a small cottage industry devoted to puncturing the post-Marshall Plan consensus. In other words, we are now told that Europe and America not only do not form a common civilization, but that they are fundamentally, irretrievably different.

This course will evaluate these competing claims, investigating the similarities and differences between Europe and America from the perspective of public policy. The course will be divided into three major sections. The first section, This is Europe, is an overview of the European Union and its most important policy areas and challenges. The second section, Farewell to the Welfare State?, is an overview of the past, present, and future of the European-style strong welfare state, with a focus on developments in Sweden. The final section, Multiculturalism and its Discontents, is a discussion of Europe’s, and in particular Sweden’s, perhaps greatest challenge: how to deal with a rapidly diversifying population and the resulting conflict between competing sets of values. This course is typically given credit by Sociology, Political Science, and History Departments.





“The Swedish Program is great because I didn’t just take classes while living in Sweden, but the classes I took actually improved my understanding and appreciation of Swedish culture in ways I never expected.”

—Alden DeBouter, Colgate University

Decision Theory

Instructor, Karin Svedberg Helgesson

This direct enrollment course is an advanced class in the theories and practices of decision making. Having completed the course, the successful participant will be able to apply decision theory to a variety of practices of complex decision making in business firms and other organizations—in everyday situations and during crisis; examine the wider context of strategic decision making and evaluate the extent to which important contingencies for such decision making may be altered (e.g. through lobbying); reflect upon her/his own role in processes of decision making (e.g. through knowledge of how bounded rationality influences the capacity of individuals in decision making), make illustrations of this role, and express insights by using course theories; explain how and why “implementation problems” may arise, and to what extent and how such problems may be addressed; and describe the range of other functions that decisions can fulfill (apart from being choices of particular courses of action), and how these alternative functions may affect decision making in practice. Pre-requisites: one course in Public Policy and one course in either the Sociology of Organizations or the Psychology of Organizations. This course is typically given credit by Political Science, Sociology, and Psychology Departments.

Comparative Public Policy: The Swedish Model in the 21st Century

Instructor, Jonas Brodin

In the middle decades of the 20th century, Sweden was often held up as a positive anomaly, proof that it was possible to have both robust economic growth and a strong welfare state. Today, talk of the Swedish Model has faded, even as Sweden’s economy and welfare state have continued to evolve. The question we will investigate in this course is whether the Swedish Model can survive in the 21st century in the face of economic restructuring, welfare state retrenchment, a changing electorate, and pressure from the EU and beyond. This investigation will begin by looking at the historical background that allowed the Swedish Model to emerge, and then proceed to a thorough examination of the rise and fall of that welfare state, and finally analyze the future prospects of the welfare state. Along the way, students will gain familiarity with the structure, mechanics, and major players in the Swedish political system, as well as with how Swedish politics compare to both Sweden’s immediate and more distant European neighbors, the role of labor unions and other social movements, Sweden’s role in the larger international system, and with the challenges faced by Sweden in a changing world. This course is typically given credit by Sociology, Political Science, and History Departments.

History of Modern Scandinavian Art and Architecture

Instructor, Peder Fallenius

This course is an examination of the cultural history of modern Scandinavia with a unique focus on art and architecture. We will look at how cultural forces, such as religion, geography, and views of community and nature have shaped the ways in which Swedes have created urban space and other images of their society, i.e., art. The class will incorporate visits to Stockholm’s well-known museums into the structure and methodology of the course. This course is typically given credit by Art History Departments.

Health Care in Sweden and the U.S.

Instructor, Jonas Brodin

Health care systems are embedded in economic, political, and social structures and reflect a country’s cultural values. This class will look at the historical development of health care systems in Sweden and the U.S., medical education, and the type of institutional settings in which health care is provided. We will also look at the role of the health care consumer in each country and how factors such as race, class, and gender impact citizens’ access to and experience in the health care system. This course is typically given credit by Sociology and Political Science Departments.

The Psychology of Health and Well-Being: A Gender Perspective

Instructors, Hellen Vergoossen & Maja Wall

Psychological well-being, work-life balance, and happiness are all frequently addressed topics in contemporary society, although they take on different meanings in different cultures. In this course, we will examine theories in social psychology, as well as gender theory, to analyze what social conditions promote mental health and mental illness. This focus will be framed by a theoretical perspective that looks at how mental health is affected by gender identity.

Specific themes to be addressed include work-related health problems stemming from sexual harassment. Health and wellness issues will also be examined in relation to personal challenges around definitions of success and identity—growing up, in school, and at work. We will also look at how gender affects well-being in sports, medicine, and physiology. Work-life balance will also be examined from a mental health and gender perspective. The over-arching goal of the course is to understand how gender interacts with health issues and have students reflect upon how theories on gender psychology can help them understand their own personal experiences. Special attention will be given to highlighting how the aforementioned issues are viewed in Sweden in comparison to the U.S. Pre-requisite: one course in psychology. This course is typically given credit by Psychology Departments.

Swedish Film and Television Culture

Instructor, Joel Frykholm

This direct enrollment course is taught at the Swedish Film Institute. The course provides an overview of the role of the moving image in Swedish culture and society during the last 100 years, a period when moving image culture became increasingly important. Swedish film and television culture is presented in relation to international trends and developments. Various approaches are considered, including the analysis of formal concerns combined with different socio-cultural perspectives, as well as entertainment genres and avant-garde experiments. Industrial practice and film analysis are discussed with a focus on individual artists. Attention is also paid to case studies dealing with questions of criticism and reception. This course is typically given credit by Film and English Departments.

Nationalism and Populism: An International Perspective

Instructor, Jonas Brodin

The past few years have seen a powerful resurgence of both nationalism and populism. The goal of this course is to understand why that resurgence is happening and what it means for the future of democratic politics. The course will trace the historical origins and theoretical underpinnings of both nationalism and populism, as well as looking at recent examples of what can happen at the intersection of populist politics and ethnic nationalism—e.g., Yugoslavia and Rwanda—before moving on to examining the current wave of nationalist populism across the globe, from Brexit and the 2016 election in the U.S. to the rise of nationalist populist leaders in countries as diverse as Hungary, India, the Philippines, and Brazil. Because the recent resurgence of nationalism and populism is almost exclusively a right-wing phenomenon, the course will give particular focus to the rise of the radical right, but will also look at contemporary left-wing populism as well as past left-wing populist movements to help shed light on the present. The course takes an explicitly multidisciplinary approach, using economic, cultural, historical, and political perspectives to explain the nationalism and populist comeback—investigating, among other things, the role of social media, the global rise in economic inequality and its underlying causes, and the slow-motion collapse of the postwar system of international governing institutions. Nationalism and populism are not new phenomena, and this course aims to help students situate them in a larger context in order to better understand their current resurgence. This course is typically given credit by International Relations, Political Science, and History Departments.

Academic and Cultural Integration at SSE

Your Competitive Advantage: Stockholm School of Economics

You worked hard to gain admission at a great college or university, and choosing a study abroad program with international prestige can also boost your chances of success after graduation. The Swedish Program's affiliation with the Stockholm School of Economics (SSE), one of Europe's most highly recognized universities, will make you stand out when you become a candidate for graduate studies or when you begin your job search. A Swedish Program alum recently reported that the first question at her first job interview was, "What was it like to study at SSE?"

SSE is a small and selective institution enrolling approximately 2,000 students in various undergraduate and graduate programs. The most well-known international corporations,



While SSE sits on an urban campus, students take advantage of the surrounding green space.



investment and consulting firms, and non-profit organizations visit SSE every semester to recruit students, so you'll have ample opportunity to build your professional network while you're abroad.

Direct Enrollment Courses

In addition to the Swedish Program's own liberal arts courses, students can enroll directly in select courses at SSE. Direct enrollment courses allow you to share the classroom with Swedish and international students and experience the Swedish academic system firsthand. SSE students can also enroll in a growing number of Swedish Program courses.

The Student Association at SSE

Our students have access to the variety of social, academic, sporting, and professional events arranged by the Student Association at SSE. For example, Swedish Program students have recently joined SSE students to visit consulting firms and study finance in London, while others traveled to Barcelona for a basketball tournament. The Student Association is one of the most active of its kind in Europe and offers daily opportunities for social integration. As members, Swedish Program students even have the chance to enter a student lottery to win a spot at the lavish Nobel Prize banquet that follows the annual ceremony each December!

Opportunities for integration are embedded throughout every aspect of our program, from academics to student life to housing.

Academics in Focus

Faculty

Our faculty are either instructors at local universities or research associates at local research institutes. All faculty members are either Swedish citizens or residents.

Language

Courses are taught in English and do not require any prior background in the Swedish language. While we do not require students to take a Swedish language course while on the Program, we do strongly recommend it. Studying Swedish while living in Stockholm will help students to better understand their everyday cultural experiences. Our introductory Swedish language course focuses on practical conversational skills necessary to understand everyday life, from food to every aspect of popular culture. Advanced instruction is available for students with prior knowledge of Swedish.

The Swedish Program's curriculum is distinguished by its interdisciplinary nature, high academic standards, comparative European perspective, and commitment to an innovative pedagogical style.

Academic Standards

The Swedish Program's high academic standards are in accordance with the traditions established by all participating American colleges and universities. We believe that a commitment to learning in the classroom leads to a more rewarding intercultural experience. The more our students learn about Sweden—its language, history, politics, and culture—the more likely they will be to assimilate culturally.

Study Visits

Each semester our instructors organize study visits to political organizations, research institutes, corporations, and museums. These visits, which complement classroom instruction, promote active learning through direct observation and discussion with Swedish professionals. Study visits vary from semester to semester. Past visits have included the Swedish Parliament, local companies, Stockholm Public Schools, and the many art museums in Stockholm.

Credits and Transcripts

The Swedish Program will issue a Statement of Grades for each student, specifying the grade for each course and four semester hours of credit for the completion of each course. Colby College is the School of Record for The Swedish Program. Most schools accept our Statement of Grades. Upon request, Colby will issue an official transcript specifying the grade for each course and four semester hours of credit for the successful completion of each course. There is a charge of \$150.00 for the issuance of a transcript. Upon acceptance to the Program, we will ask you to fill out a form indicating whether your home institution requires an official transcript.



Internships

Local internships give students an opportunity to better understand Swedish professional culture while building their networks and resumes. We offer five excellent internship opportunities every semester, as well as additional internships when available. Students can submit their internship request upon registration. Such requests should include your resume and a brief statement of interest for the desired internship. Internships are unpaid and not for credit.

Research Institute of Industrial Economics (3–6 hours per week)



This internship at the prestigious Research Institute of Industrial Economics gives students the opportunity to contribute to research projects in economics.

The internship is open to two students per semester. Students will be selected by the Institute based on merit and background in economics.

SS&C Advent (10–15 hours per week)



In this internship, you'll assist the Advent University team to review, edit, and create content for the training courses and material while learning about Advent's financial technology products and how they are used to comply with market demands.

Global Pharma Consulting (5–6 hours per week)



This management consulting internship in a small, but growing consultancy in the Life Science sector and market entry in the MENA-region (Middle East/North Africa) gives

two students the opportunity to get insights in international consulting in the life science area and about business culture in Sweden and the Middle East. Placement in this internship is limited to two students each semester. Students will be selected by the consulting firm and chosen based on merit, academic background, and work experience. A minimum of 5-6 working hours per week is strongly suggested to allow for a rewarding experience.

Stockholm Public Schools (3–6 hours per week)



This internship at a public high school near SSE gives students the opportunity to assist a teacher with English instruction, interact with Swedish students, and observe

the Swedish education system first-hand. The internship is open to three to five students per semester. Students will be selected by the school based on merit and interest in education.

Digital Editor at The Swedish Program (2–4 hours per week)



Program students have the opportunity to intern each semester with The Swedish Program. As a Digital Editor, you will create

written, photo, and video content for our blog and social media profiles. Placement in this internship is limited to one student each semester.

Our internship opportunities often change and expand. Please check out the latest on our internships at <https://swedishprogram.org/our-program/internships/>



Housing: Live Like a Local

Students have the option of living in fully furnished apartments located throughout Stockholm, or with carefully selected host families. Both housing options offer an opportunity for total cultural immersion. There is very limited “student housing” in Stockholm, so most Swedish students live like you will be living—in private apartments around the city, or with their families at home. Your everyday experience, from doing laundry to grocery shopping, will allow you to learn Swedish norms and customs and interact with locals.

Apartment Living

We generally place two to four students in each apartment, with one to two students per bedroom. Please note that the arrangement in our apartments may change from year to year.



A typical student apartment

Host Family Living

Our criterion for selecting host families is simple but demanding: the family must be motivated solely by their interest in a rewarding intercultural experience. Our students are treated as family members, not as boarders. All students who elect to live with Swedish families have their own bedroom.

We limit host family placements to eight students per semester. Consequently, students who prefer a host family should apply early, as we have a rolling admissions process. Students who elect to live with a host family are required to have a brief interview via Skype with our Program Coordinator in Stockholm before a family placement is guaranteed.

Location and Commute

Our apartments and host families are spread throughout the Stockholm urban area. We try to find housing as close as possible to SSE, but commuting is an inevitable part of urban life. Students living in apartments typically have a commute of 25 to 40 minutes. Students living with host families typically have a commute of 40 to 50 minutes. However, apartments may be located up to 60 minutes by public transportation to SSE (under normal weather conditions) and host families may be located up to 70 minutes by public transportation to SSE (under normal weather conditions).



Marina Stam,
Bowdoin College,
with her host
family

Student Life

Stockholm has more restaurants, museums, and parks per capita than any city in the world. Put simply, there is always something to do! Life is never boring with Stockholm’s vibrant music scene, films and live theater in English, sporting events like world class hockey and soccer matches, fun pubs and dance clubs, art festivals, food fairs, dance exhibitions, and more. Students who like outdoor activities will appreciate the endless opportunities for hiking day-trips and weekend ski trips, while history buffs can explore Stockholm’s numerous museums and castles.

During orientation, students receive a Student Guide full of suggestions for social, cultural, and professional events in Stockholm. Our Program Coordinator also arranges activities, such as museum and pub tours, a visit to the Royal Swedish Opera, and Swedish holiday celebrations.

We know that our students want to meet Swedes, and the best way to meet locals is to join something—a team, club, or any kind of group activity in which you have an interest. Our students are members of the Student Association at SSE which provides them opportunities to join dozens of interest-based clubs—from photography, sports, and finance, to trips to London visiting



consulting firms, and to Barcelona for a European competition in a variety of sports. For a full list of activities, see www.swedishprogram.org. The Student Association also arranges lectures, banquets, fundraisers, and other social events, and even runs a pub in the basement at SSE!

The Student Association also sponsors numerous career fairs attended by international corporations each semester. Former Program students have made contacts at these events which have led to summer internships in the U.S.



Life In Stockholm

Stockholm—the Hidden Gem of Europe

Stockholm is simply beautiful. Built across 14 islands, Stockholm is the capital of Sweden and the largest city in Scandinavia. From the charming cobblestoned streets of “Old Town” to the city’s modern business districts, Stockholm manages to temper the pulse of a large urban city with the charm of a smaller community. The city planning reflects the Swedish love of nature, and a ten-minute walk through downtown Stockholm can take you from a crowded café to the shoreline of the Baltic Sea. Our premises at SSE are located in the heart of the city close to cafés, restaurants, museums, concert halls, shopping, and all forms of public transportation.

Discover why scholars and students come from around the world to study in Sweden.

“Getting to call Stockholm home for four months was a once in a lifetime experience that I would recommend to anyone. From the people to the fashion to the architecture, it’s the coolest place I could ever have studied abroad in.”

—Amy Beihl, Colgate University



Home to about 1.5 million people, Stockholm is not only an exciting place to live, but also a relatively safe and clean city. Crime rates are among the lowest in the world while the standard of living is among the highest. Public transportation is efficient, safe, and inexpensive. The weather is not as cold as most imagine: Stockholm has a relatively mild coastal climate and winter weather is less extreme than in Boston.



♡ 💬 📌
carringtonwalsh.harvardcollege WOW WOW WOW where did this semester go???? Biggest move I've made in my college career = studying abroad. I'm gonna MISS Stockholm so much. Now I just gotta find a Swedish cafe in Boston I guess?

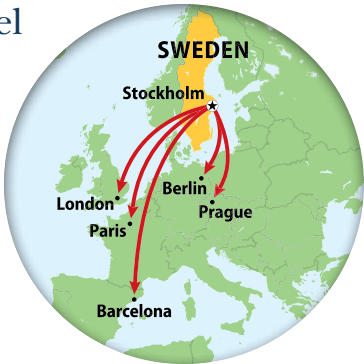
Both sophisticated and stylish, Stockholm is home to some of the best cultural institutions, restaurants, and nightlife spots in the world. Sweden attracts visitors from all over the world to sample its civility, hospitality, diversified cuisine, and quality of everyday life.

In the Classroom

At The Swedish Program, students are challenged to develop an interdisciplinary and critical understanding of how Sweden addresses modern issues relevant to all advanced societies. We aim to promote a comprehensive view of the country's achievements—including its impressive history of innovative responses to issues such as financial downturns, environmental protection, immigration, health-care, education, and gender equality—as well as its contemporary problems. Sweden's appeal extends beyond its social and political institutions to its rich traditions in the arts, humanities, and science.

Independent Travel

We recognize that students want to travel while studying abroad. Therefore, we provide two full weeks of vacation time to do so. Students find it easy to travel throughout Europe during this time and appreciate the opportunity to choose for themselves where they want to go! There are quick direct flights from Stockholm to many of Europe's great cities:



- Berlin:** 1 hour and 30 minutes
- Prague:** 2 hours
- London:** 2 hours and 15 minutes
- Paris:** 2 hours and 30 minutes
- Barcelona:** 3 hours and 15 minutes

“You won’t find a more immersive and fulfilling study abroad experience than a semester in Stockholm with The Swedish Program. The Program has the perfect balance between offering interesting and engaging classes and time to explore Stockholm. And there are great opportunities to travel, both on Program organized trips as well as on your own.”

—Ben Morton, Williams College



Group Travel

Unique Cultural Excursions

Each semester we organize an overnight trip to the Stockholm Archipelago and an optional weekend trip to explore Sweden’s rich culture, history, and geography beyond the capital city.

The Stockholm Archipelago

We begin each semester with an orientation trip to the Stockholm Archipelago. The Archipelago is a collection of thousands of beautiful islands surrounding Stockholm’s eastern coast in the Baltic Sea. This overnight trip gives students a chance to get to know one another before classes begin. The cost of this trip is included in tuition.

Optional Fall Excursion: The Island of Gotland

Located about 56 miles east of mainland Sweden in the Baltic Sea, Gotland is one of the most unique and historically significant islands in the world. The first Stone Age settlers came to Gotland about 7,000 years ago and many traces of their dwellings can still be seen, including unique limestone picture stones covered with mythological scenes of ships and warriors. On this trip, we’ll stay within the 13th-century walls of the city of Visby, a UNESCO world heritage site and arguably the best-preserved medieval city in Scandinavia. We’ll explore the island with activities such as a tour of the Fornsalen Viking Museum, guided walks through medieval churches and burial grounds, a tour of local microbrewery Gotlands Bryggeri, a picnic among ancient stone formations, a visit to the cliffs and sandy beaches of the Gotland countryside, and more.

The cost for this trip is \$525 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this Viking adventure on the island of Gotland!

Optional Spring Excursion: The Arctic Circle

Sweden is the land of the midnight sun in the summer, but winter in the Arctic is breathtaking. The landscape is strikingly beautiful, from its sparkling frozen lakes to the snowy mountains where reindeer are herded by the indigenous Sámi people. During clear, cloudless nights, you might see the majestic Northern Lights streak across the sky. On this trip, we’ll stay in a village in Swedish Lapland and enjoy activities such as dog sledding, snowshoeing, a visit to a traditional Sámi village, a tour of the world-famous Ice Hotel in Jukkasjärvi, and more.

The cost for this trip is \$525 and includes transportation, accommodation, meals and activities. Students who receive financial aid from their home schools should inquire if their aid can be applied to this optional trip. Please inform us whether your aid can or cannot be applied. You will receive additional information about this trip upon acceptance. We hope you will join this once-in-a-lifetime experience in northern Sweden!

The Archipelago



The Stockholm Archipelago extends from Stockholm roughly 40 miles east to the Baltic Sea. It consists of approximately 24,000 islands.



The Island Of Gotland

The Arctic Circle



Dog sledding is one of many student activities on our trip to the Arctic Circle.

Gotland is located approximately 120 miles south of Stockholm. Roughly the size of Rhode Island, it is the largest island in the Baltic Sea. The island’s largest city, Visby (pictured left), is arguably the best-preserved medieval city in Scandinavia.

London



Paris



Optional Study Weekends in London and Paris

Visit Two of the Most Acclaimed Universities in the World

Fall Semester:

London School of Economics and Political Science

The London School of Economics and Political Science (LSE) is ranked as one of the best universities in the world for the study of the social sciences. The university is located in central London and has a diverse enrollment of about 12,000 students from 148 different countries. The school's notable alumni and faculty have received 18 Nobel Prizes between them. (www.lse.ac.uk)

Spring Semester:

The American University of Paris

The American University of Paris (AUP) is one of the oldest and most respected American universities in Europe. The university is located in central Paris, just one block from the Eiffel Tower, and has a diverse enrollment of about 1,000 students from 100 different countries. (www.aup.edu)

Each visit includes multiple lectures by faculty from the host institution and social interaction with local students. Students will have one day of activities at the host university and one free day to explore London or Paris on their own.

The cost for each trip is \$625 and includes airfare, three nights of accommodation, and all meals. Students who receive financial aid from their home schools should inquire if their aid can be applied to these optional trips. Please inform us whether your aid can or cannot be applied. You will receive additional information about these trips upon acceptance.

Top Ten Reasons To Apply

According to Former Students

❶ Best of Both Worlds

The Program is small, but sits in an international university. It is the best of both worlds. We get attention from a great staff and get to be on a campus. We are not dropped off at some large university with no support, nor are we isolated in a building with just other Americans.

❷ Affiliation with SSE

The Swedish Program's affiliation with such a prestigious university—the Stockholm School of Economics—has strengthened my resume. It has already helped me land a great summer internship and it will eventually help me get a good job.

❸ Great Staff and Faculty

The staff and faculty are great, both professional and friendly. You really get the chance to know them.

❹ Group Travel

Experiences of a lifetime: dog sledding and ice fishing in the Arctic Circle, discovering Viking culture on the island of Gotland, and our study weekends in London (LSE) and in Paris (AUP).

❺ Fun, Safe, and Sophisticated

Stockholm is the hidden gem of Europe—it is fun, safe, beautiful, and sophisticated.

❻ Housing is Amazing

The housing is amazing—the apartments are nice and the host and contact families will do so much for their students.

❼ Somewhere Different

Because everyone else seems to be going to England or Australia—it is fun to go somewhere different.

❽ The Swedes

Swedes are very friendly and like to speak English.

❾ Concerts, Sports, Theater

It is so easy to find things to do—it seems as though there are always things going on: concerts, sporting events, theater, clubs, festivals, etc.

❿ Time to Travel

A two-week vacation each semester allows us to travel wherever we decide to go.



“What I found to be the most rewarding part of my abroad experience was my involvement with The Student Association at SSE (SASSE). Right from the beginning, after our introduction to SASSE with Rebecca and Astrid, I knew the more I participated in SASSE the more I would get out of my time in Stockholm.”

—Bailey Aust, Connecticut College

Admissions

Application Procedures

In order to keep class sizes small, enrollment will be limited to 45 students per semester. The Swedish Program is open to all undergraduates of accredited colleges and universities. The curriculum is designed for sophomores, juniors, and seniors. Students may apply for the full year or for one semester. We have a rolling admissions policy. Therefore, students are encouraged to apply early.

Application Deadlines

Academic Year and Fall Semester: March 1

Spring Semester: October 10

Expenses

The total costs* (tuition, room and board) for 2020–2021 are as follows:

Full Year: \$62,000

One Semester: \$31,595

There is an additional fee of \$950 for any students who wish to take an independent study. Students are responsible for arranging their own flight to and from Stockholm. The cost of a round-trip ticket is approximately \$900. We will provide you with more flight information upon acceptance to the Program.

* Please note that all costs should be considered tentative due to the current instability in currency exchange rates. The Program reserves the right to raise the total costs for the 2020–2021 year before January 1, 2020. Please refer to our website (www.swedishprogram.org) for information regarding final costs.

Included in Tuition, Room and Board

Apartments:

- Pick up at airport by Program staff
- Fully furnished apartment including fully stocked kitchen
- A Welcome Kit in the apartment including breakfast food, coffee, tea, and chocolate
- Towels, sheets, duvet, pillow, and hairdryer
- Insurance covering apartments and personal belongings
- Laundry facilities in the building or complex (free of charge)
- The option to have a Contact Family or SSE Buddy
- Books
- 24/7 emergency support

Host Families:

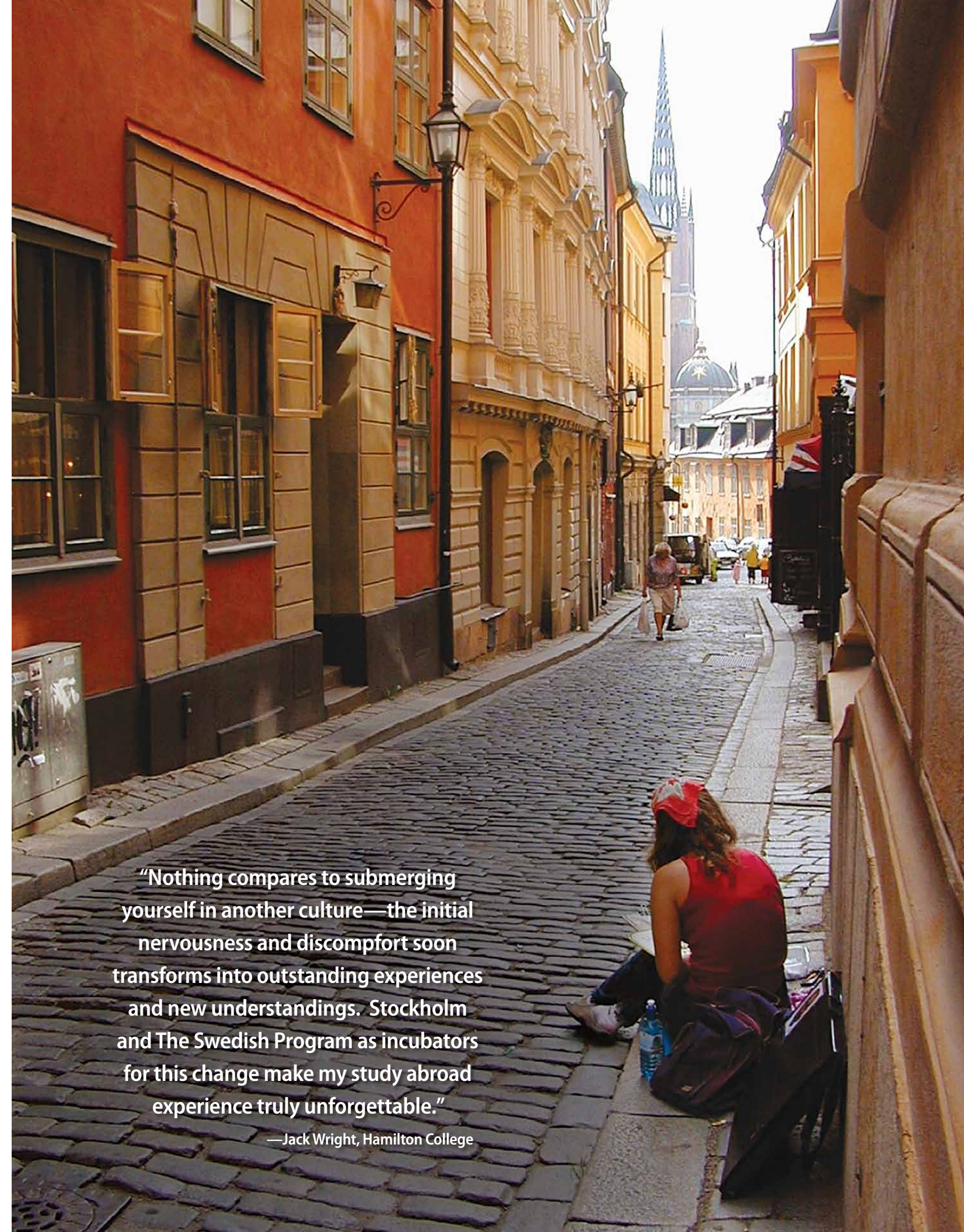
- Pick up at airport by Program staff or your Host Family
- A family home or flat located within Stockholm or suburbs
- A furnished, private room
- Insurance for your personal belongings
- Invaluable experience learning Swedish culture, traditions, daily life
- Food/meals for breakfast, dinner, and weekends
- The option to have an SSE Buddy
- Books
- 24/7 emergency support

Student Life:

- Orientation Week, which includes an overnight trip to the Stockholm archipelago, city tours, and much more
- Membership in the Student Association at SSE, which provides access to social and academic events, sport clubs, fairs, workshops, and interest-based groups
- Mecenat card: a student ID and key to student discounts
- Group activities such as visiting City Hall, the Royal Opera, museums, and much more
- Support and advice on campus
- Gym membership
- Option to apply to various internships
- Full-time Program Coordinator committed to enhancing student life
- Health Insurance
- A buddy through our Buddy Program with SSE

Academics:

- Academic counseling and support
- Study trips relevant to each course
- Study areas in the atrium at SSE
- Printing available in our classroom



“Nothing compares to submerging yourself in another culture—the initial nervousness and discomfort soon transforms into outstanding experiences and new understandings. Stockholm and The Swedish Program as incubators for this change make my study abroad experience truly unforgettable.”

—Jack Wright, Hamilton College

“My time with The Swedish Program has shaped me, and continues to shape me, in ways I had never expected. I fell in love with Stockholm and the life I led there. The city and the wonderful people I met there holds a very special place in my heart.”

—Shelby Holmes, Davidson College

Contact Us

Requests for information and all other correspondence should be sent to:

The Swedish Program
2654 Sunset Avenue
Utica, New York 13502

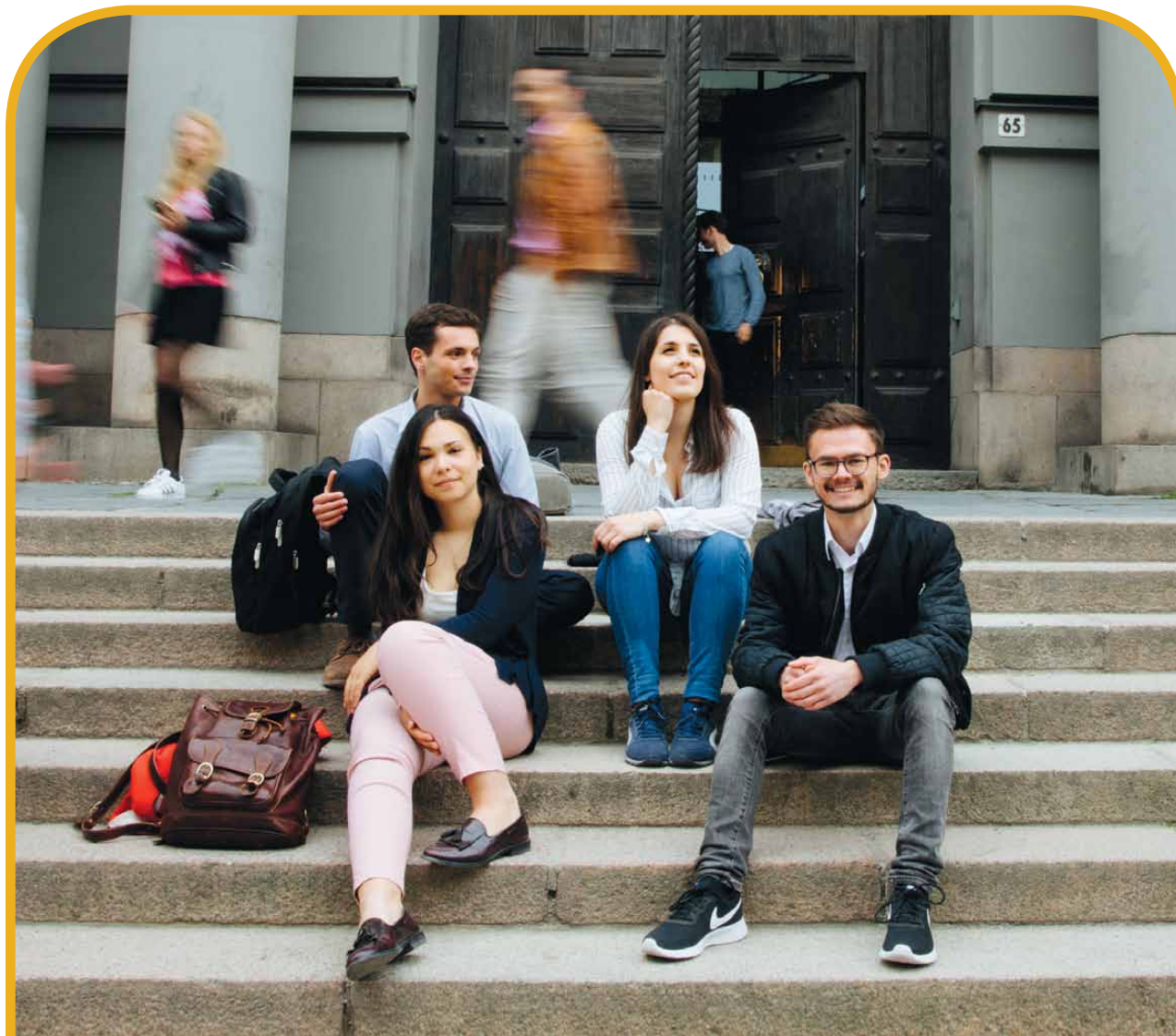
Voice 315.737.0123
Fax 315.737.0127
Email info@swedishprogram.org
www.swedishprogram.org

Our Program address in Sweden:

The Swedish Program
Stockholm School of Economics
Sveavägen 65, Box 6501
SE-113 83 Stockholm

Voice +46 8 736 92 58

The Swedish Program, Inc., is an independent, non-profit organization, affiliated with the Stockholm School of Economics.



Board of Advisors

Lars Ågren Senior Executive Vice President, *Stockholm School of Economics*

Professor Frank Aneciarico Government Department, *Hamilton College*

Marne Ausec Director of Off-Campus Studies, *Kenyon College*

Neva Barker Director, Study Abroad & Global Education, *Scripps College*

Janna Behrens Associate Dean/Director of Education Abroad, *Amherst College*

Tina Breakell Director, International Education and Study Away, *Williams College*

Kendall Brostuen Director, Office of International Education, *Brown University*

Professor Stephanie Chambers Political Science Department, *Trinity College*

Professor Ross Cheit Political Science Department, *Brown University*

Nigel Cossar Director, Penn Abroad, *University of Pennsylvania*

Nancy Downey Director, Off-Campus Study, *Colby College*

Professor Francesco Duina Sociology Department, *Bates College*

Susan Evans Associate Director for Study Abroad, *Yale University*

Darren Gallant Associate Dean and Director, Center for Global Education, *Bates College*

Professor Julio Garen Economics Department, *Claremont McKenna College*

Emily Gorlewski Associate Director for Study Abroad, *Wesleyan University*

Joanna Holvey-Bowles Director of Off-Campus Study, *Colgate University*

Professor Jyoti Khanna Economics Department, *Colgate University*

Katerina King Director of Fellowships, *Williams College*

Professor Kenneth Kuttner Department of Economics, *Williams College*

Jonathan Larson Associate Director of Off-Campus Study, *Grinnell College*

Professor Jeremy Lefkowitz Department of Classics and Faculty Advisor for Off-Campus Study, *Swarthmore College*

Professor Meika Loe Sociology and Women's Studies Departments, Director of Women's Studies, *Colgate University*

Professor Nancy Macko Art Department, *Scripps College*

Professor Anthony Magistrale English Department, *University of Vermont*

Kristen Mallory Director of Global Education, *Claremont McKenna College*

Camila Nardozi Director, Office of International Education, *Harvard University*

Professor Erik Nelson Economics Department, *Bowdoin College*

Dr. Carolyn North Assistant Dean for Off-Campus Study, *Hamilton College*

Naomi Otterness Director of Study Abroad, *Davidson College*

Michael Rainaldi Director of International Programs and Study Away, *Oberlin College & Conservatory*

Professor Peter Rutland Government Department, Director of the Allbritton Center for the Study of Public Life, *Wesleyan University*

Prema Samuel Associate Dean for International Programs, *Sarah Lawrence College*

Professor Fred Smith Economics Department, *Davidson College*

Kerry Stamp Director of International Programs, *Vassar College*

April H. Stroud, Ed.D. Director of Study Abroad, *Mount Holyoke College*

Jennifer Summerhays Director, Office of Study Away, *Trinity College*

David Taylor Director of International Studies, *Wake Forest University*

Stacey Thebodo Assistant Director of Off-Campus Study, *Middlebury College*

Professor Patrick Van Horn Economics Department, *Scripps College*

Professor Andreas Waldkirch Economics Department, *Colby College*

Christine Wintersteen Director of Off-Campus Study, *Bowdoin College*

Consortium Members

Amherst College

Bates College

Bowdoin College

Brown University

Colby College

Colgate University

Connecticut College

Claremont McKenna College

Davidson College

Grinnell College

Hamilton College

Harvard University

Kenyon College

Mount Holyoke College

Oberlin College

Sarah Lawrence College

Scripps College

Swarthmore College

Trinity College

University of Pennsylvania

University of Vermont

Vassar College

Wake Forest University

Wesleyan University

Williams College

Yale University

Administrators

Kenneth Wagner USA, Executive Director

Carina Kamb Deiac Head of Administration

Alison Gluck USA, Program Administrator

Caitlin Hawley Program Manager

Aleksandra Bujacz Director of Studies

Andreas Dahlberg Program Coordinator

Élen Rhoades Kidd USA, Coordinator for Admissions and Alumni Relations



DESIGN: DECODE, Inc.

Cover: R. Ryan; p. 1: ©iStockphoto/Mikael Damkier; p. 2: Ola Ericson-Skeppsbron/imagebank.sweden.se; p. 3: Juliana Wiklund; p. 4: Shutterstock/Estea; p. 5: Yanan Li/mediabank.visitstockholm.com; p. 9: Juliana Wiklund; p. 10: Courtesy Stockholm School of Economics; p. 12: Courtesy Stockholm School of Economics; p. 14: Juliana Wiklund; p. 16: Courtesy Stockholm School of Economics; p. 19: Juliana Wiklund; p. 21: Juliana Wiklund; p. 22: Caitlin Hawley (left), Marina Stam (right); p. 23: Marguerite Danner (circle), Courtesy Stockholm School of Economics; p. 24: ©iStockphoto/Scanrail; p. 25: ©Oleksiy Mark/Dreamstime.com; p. 26: Carrington Walsh; p. 27: Shutterstock/byggarn.se; p. 28: ©iStockphoto/Paul Frederik Lindner (top), Shutterstock/Niar; p. 29: ©iStockphoto/AndyFarrer, Anna Öhlund/imagebank.sweden.se (circle); p. 30: London: ©iStockphoto/PeskyMonkey, Shutterstock.com (circle), Paris: ©iStockphoto/Gwengoat, Courtesy The American University of Paris (circle); p. 32: Shutterstock/TTstudio; p. 35: ©iStockphoto/Bart Claeys; p. 36: Courtesy Stockholm School of Economics.