

# Teri A. Kirby

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## EDUCATION

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**University of Pennsylvania, College of Arts and Sciences**, Philadelphia, PA Sept. 2004 – May 2008

- Bachelor of Arts in Psychology, with minors in Political Science and French
- Psychology Thesis: Effects of Bowl and Cup Size on Parents' Portioning Behaviors
- Honors: Penn Leadership Scholar

**Institut d'Etudes Politiques de Paris (Sciences Po) and Reid Hall**, Paris, France Jan. 2007 – July 2007

- Intensive study in written and spoken French

**Craigmont High School**, Memphis, TN Aug. 2000 – June 2004

- Salutatorian of graduating class

## RESEARCH AND TEACHING EXPERIENCE

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*Positive Psychology Center, University of Pennsylvania, Philadelphia, PA* June 2008 – present

### **Research Coordinator for Dr. Angela Duckworth**

- Generate statistical analyses
- Coordinate data collection with students aged 10-14 at five different middle schools
- Create and manage databases for multiple large-scale empirical studies totaling 1000+ subjects
- Assist Dr. Angela Duckworth with manuscript preparation
- Supervise staff of 5 undergraduate work-study students
- Manage grant and IRB reports and assist with financial operations of research projects
- Help design, coordinate, and implement goal-setting and self-control interventions in classrooms

*Department of Psychology, University of Pennsylvania, Philadelphia, PA* Jan. 2009 – May 2009

### **Recitation Leader, Introduction to Positive Psychology**

- Led biweekly recitation discussion sections of 13 undergraduate students

*Department of Psychology, University of Pennsylvania, Philadelphia, PA* Sept. 2008 – Dec. 2008

### **Teaching Assistant, Research Experience in Personality Psychology**

- Assisted with grading and teaching 12-student undergraduate seminar
- Guided students in SPSS statistical analyses for their final papers
- Received 3.7/4.0 in course ratings

*Department of Neurosurgery, University of Pennsylvania, Philadelphia, PA* Sept. 2004 – Jan. 2007

### **Laboratory and Administrative Assistant**

- Planned 2 conferences with ~75 attendees
- Tracked laboratory orders and managed budget for 2 principal investigators
- Formatted 10+ manuscripts using Reference Manager

*Center for Family Intervention Science, Children's Hospital, Philadelphia, PA* Oct. 2006 – Jan. 2007

### **Research Assistant**

- Greeted and assisted clinical research study participants, primarily depressed adolescents from low-income communities
- Observed, recorded, and transcribed family psychotherapy sessions

*Children's Media Lab, University of Pennsylvania, Philadelphia, PA*

July 2006 – Sept. 2006

**Research Assistant**

- Administered literacy assessments to 20+ preschoolers to study how interactive media supports children's literacy skills
- Conducted phone interviews with parents of preschool participants

*Center for the Treatment and Study of Anxiety, Philadelphia, PA*

Sep. 2005 – May 2006

**Research Assistant**

- Entered and managed data for large-scale OCD and PTSD studies.
- Conducted literature searches for relevant anxiety publications

**PUBLICATIONS AND PRESENTATIONS**

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Duckworth, A. L., Kirby, T.A., Ayduk, O., & Mischel, W. (2009). *Validation of a delay of gratification task for middle school children*. Manuscript in preparation.

Duckworth, A. L., Kirby, T.A., Gollwitzer, A., Oettingen, G. (2009). *Effects of a goal-setting intervention combining mental contrasting and implementation intentions*. Manuscript in preparation.

Kirby, T.A., Duckworth, A.L., Kross, E., Mischel, W., & Ayduk, O. (2009, May). Construct Validity of the Delay of Gratification Task in School-Aged Children. *Poster session presented at the annual meeting of the American Psychological Society*, San Francisco, CA.

**PROFESSIONAL AFFILIATIONS**

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Association for Psychological Science, Student Affiliate

Jan. 2008 – present

**LEADERSHIP EXPERIENCE**

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*West Philadelphia Tutoring Project, University of Pennsylvania, Philadelphia, PA*

Jan. 2008 – May 2008

**Tutor**

- Tutored 1 hour per week in elementary schools in low-income communities

*Gregory College House, University of Pennsylvania, Philadelphia, PA*

Aug. 2007 – Aug. 2008

**Resident Advisor**

- Organized community-building activities and provided guidance, academic support, and supervision for hall of 45 freshmen

*Healthy Living Task Force, University of Pennsylvania, Philadelphia, PA*

Sept. 2006 – May 2008

**Mentor**

- Counseled troubled students on common mental health issues affecting young adults in college

*Perspectives in Psychology, University of Pennsylvania, Philadelphia, PA*

Sept. 2006 – May 2007

**Editor for undergraduate psychology research journal**

- Supervised annual publication of 6 undergraduate research articles
- Peer-reviewed 20-30 articles

*Office of International Programs, University of Pennsylvania, Philadelphia, PA*

Sept. 2006 – Sept 2007

**International Student Orientation Leader, Move-in volunteer**

- Conducted on-boarding for 300 new international students and led Philadelphia city tours, picnics, and dinners
- Welcomed incoming freshmen and provided support to families moving in for the first time

*Wind Ensemble, University of Pennsylvania, Philadelphia, PA*

Sept. 2004 – Jan. 2007

**Clarinet Player, Advisory Board Member (2007)**

- Performed a wide range of traditional and contemporary repertoire in 50-member ensemble
- Coordinated logistics of end-of-semester concert

## **PERSONAL SKILLS**

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- **Languages:** Proficient in French
- **Computer programs:** Proficient with SPSS, JMP Statistics Package, MS Office Suite

## **REFERENCES**

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- Angela Duckworth, Ph.D., Assistant Professor, Department of Psychology, University of Pennsylvania, 3701 Market St., Suite 200, Philadelphia, PA 19104. Phone: 215-898-1339; email: duckworth@psych.upenn.edu
- Gabriele Oettingen, Ph.D., Professor, Department of Psychology, New York University, 6 Washington Place, Room 455, New York, NY 10003. Phone: 212-998-7915; email: gabriele.oettingen@nyu.edu
- Myles Faith, Ph.D., Assistant Professor, School of Medicine, Center for Weight and Eating Disorders, University of Pennsylvania, 3535 Market St., 3rd Floor, Philadelphia, PA 19104. Phone: 215-898-2953; email: mfaith@mail.med.upenn.edu
- Christopher Donovan, Ph.D., Dean, Gregory College House; Lecturer, Cinema Studies and English, University of Pennsylvania, 3909 Spruce St., Box 42, Philadelphia, PA, 19104. Phone: 215-573-4633; email: cdonovan@exchange.upenn.edu