Redundant spoken labels facilitate perception of multiple items.

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Abstract

Due to the strong associations between verbal labels and the visual objects they denote, hearing a word may quickly guide the deployment of visual attention to the named objects. We report six experiments investigating the effect of hearing redundant (non-informative) object labels on the visual processing of multiple objects from the named category. Even though the word cues did not provide additional information to the participants, hearing a label resulted in faster detection of attention probes appearing near the objects denoted by the label. For example, hearing the word “chair” resulted in more effective visual processing of all the chairs in a scene compared to trials in which participants attended to the chairs without actually hearing the label. This facilitation was mediated by stimulus typicality. Transformations of the stimuli that disrupted their association with the label while preserving the low-level visual features, eliminated the facilitative effect of the labels. In the final experiment we show that hearing a label improves the accuracy of locating multiple items matching the label, even when eye movements are restricted. We posit that verbal labels dynamically modulate visual processing via top-down feedback: an instance of linguistic labels greasing the wheels of perception.
How does language interact with perceptual processing? According to traditional accounts, language is “merely the formal and expressive medium that is [used] to describe mental representations” (Li & Gleitman, 2002, p. 290). Rather than shaping and modulating perceptual or conceptual representations, language is simply a tool for reporting them (Bloom & Keil, 2001; Gleitman & Papafragou, 2005; Pinker, 1994). On this view, linguistic-perceptual interactions is seen in terms of recoding perceptual experiences into verbal ones (Dessalegn & Landau, 2008; Munnich & Landau, 2003; Paivio, 1986). In the present work, we take an opposing view, arguing that language dynamically modulates visual processing. We focus here on one aspect of this interaction: the degree to which processing spoken labels facilitates the visual processing of the named items. Recent work in cognitive neuroscience has stressed the importance of top-down feedback in perception (C. Gilbert & Sigman, 2007; Lamme & Roelfsema, 2000; Kveraga, Ghuman, & Bar, 2007; J.J. Foxe & Simpson, 2002; Enns & Lleras, 2008). We argue that in humans, language may be one of the components of such top-down modulation.

The notion that language is tightly integrated with perceptuo-motor activity such as eye movements is in itself uncontroversial. Hearing a word tends to elicit looks to objects associated with the verbal label (e.g., Spivey & Dale, 2005; Tanenhaus, Spivey-Knowlton, Eberhard, & Sedivy, 1995) evoking eye movements to the locations of relevant objects even when the scene is no longer visible (Altmann, 2004; Spivey & Geng, 2001). Deictic spatial labels such as “above” and “below” have been shown to guide spatial attention, imposing a conceptual reference frame on the visual scene (Logan, 1995). Spatial verbal labels have also been shown to guide attention even when the labels are nonpredictive: in a task that required participants to detect an X presented above, below, to the left, or to the right of fixation, centrally presented spatial terms
(up, down, left, right) facilitated detection of the target in the congruent regions even though the
cues were not predictive of the location of the target (Hommel, Pratt, Colzato, & Godijn, 2001).

Finding that perception and/or the deployment of attention can be altered by the
informational content of language may mean that language actually modulates perceptual
processing, or that comprehending a spoken or written label alters one’s decision criteria. Being
told to search for a red-vertical line segment for example, initiates search for a target with these
and not other attributes (Wolfe, 1994). Indeed, for simple stimuli like differently colored vertical
and horizontal lines, a verbal cue can be almost as effective as a visual preview of the target
(Wolfe, Horowitz, Kenner, Hyle, & Vasan, 2004). Search for more complex real-world objects
(e.g., a motorcycle), can also be guided by verbal labels, although predictably, category labels
like “motorcycle” are never as effective as seeing a pictorial preview of the actual target
motorcycle (Vickery, King, & Jiang, 2005). These results, while relevant for understanding the
types of cues that can guide the deployment of attention do not speak directly to the effect of
language on visual processing because language is being used simply as a tool to convey
information regarding target identity or location.

In fact, linguistic input appears to augment visual processing in ways that extend beyond the
communicated content. For instance, a visual search task requiring the search for a feature
conjunction (e.g., a red-vertical among green-vertical and red-horizontal line segments) is
inefficient even when participants are informed of the target’s features ahead of time. However
concurrent spoken delivery of target features can make the inefficient search into an efficient one
(Reali, Spivey, Tyler, & Terranova, 2006; Spivey, Tyler, Eberhard, & Tanenhaus, 2001).

Hearing the word “red” allows items to compete on the color dimension; the subsequent delivery
of “vertical” then allows the already salient items to compete on the orientation dimension
effectively turning a conjunction search into two feature searches.

These types of linguistic effects on visual processing go beyond information delivery. If hearing verbal labels dynamically modulates visual processing then we may observe facilitation in attending to labeled items, even when the labels do not provide additional information. Lupyan (2007a) tested this prediction by looking at whether informationally redundant auditory labels make search more efficient. Participants searched for a 2 among 5s or vice-versa (as in Wang, Cavanagh, & Green, 1994). On some trials, prior to the search display, participants heard a recorded voice name the target identity (e.g., “find the five”)—the label condition; on other trials, participants heard a sound-clip of equal length and amplitude in which the target name was omitted—the no-label condition. Despite always knowing ahead of time what target they needed to find (the target-identity was held constant for hundreds of trials), participants were faster and more efficient (i.e., response RTs had shallower search slopes) when they heard the target labeled than when they searched for a known target without hearing it labeled on that specific trial. The facilitative effect of the labels disappeared when the numerals were rotated 90°, suggesting that it depended on a pre-existing association between the visual exemplars and the label (see also Lupyan, 2008a). Importantly, this facilitation was observed in a design that intermixed labeled and unlabeled trials, showing that the effects of labels on visual processing were non-strategic and transient.

*Verbal Labels as Neural Feedback*

We hypothesize that words modulate the degree to which visual processing is influenced by the conceptual category of the object or objects being processed. For instance, in labeling a particular chair with the category label “chair,” the object representation of the particular chair is augmented with the category information of previously encountered chairs (Lupyan, 2008b).
This attended and augmented object representation then sends facilitatory feedback to the visual features most associated with the category, while the idiosyncrasies of a particular category exemplar are deemphasized. This process would facilitate the ability to highlight all the items of a given category through, for example, a saliency map.

We therefore predicted that hearing category labels would enhance the saliency of the named objects beyond what is possible without hearing the label—especially when participants are required to process/attend to multiple objects simultaneously. This type of modulation hypothesis is broadly supported by what is known about the neural architecture of the primate visual system. Feedback connections from higher to more primary cortical areas are ubiquitous (Mesulam, 1998) and recurrent loops in which higher areas modulate neural activity in lower-areas (e.g., Prefrontal cortex and IT; MT and V1) are well-documented (Gilbert & Sigman, 2007; Lamme & Roelfsema, 2000; Foxe & Simpson, 2002). This recurrent activity is not merely epiphenomenal, but is causally implicated in visual awareness (Corthout, Uttl, Walsh, Hallett, & Cowey, 1999; Fahrenfort, Scholte, & Lamme, 2008, 2007). The implication of these findings, which place feedback processing at the forefront of visual perception, is that manipulations that affect feedback activity can influence perception.

*Labels and Categories*

Verbal labels denote categories. As stated by Kurt Goldstein: “when we speak of ‘table’ we do not mean a special given table with all the accidental properties, but we mean ‘table’ in general. We employ the word ‘table’ in this categorical sense when naming a particular table.” (Goldstein, 1936, as cited in Noppeney & Wallesch, 2000, p. 376). An important goal of the present work was to investigate the function that labels serve in processing multiple objects from
the same category rather than specific object instances. The study of the role of categories in visual processing has had a rich history (see Duncan, 1983; H. Gleitman & Jonides, 1976; Jonides & H. Gleitman, 1976; White, 1977). Drawing on these classic studies, contemporary investigations of category effects in perception have often relied on the visual search paradigm. Wolfe and colleagues (Wolfe, Stewart, Friedman-Hill, & O'Connell, 1992) found that when searching for oriented lines among differently-oriented distractors, search proceeds as though there were categories of vertical, horizontal, steep, shallow, right, and left—search among targets and distractors that are within these categories is slower than between, even though the differences in stimulus parameters remain constant. Daoutis and colleagues (2006) found these effects with color categories while controlling perceptual distances. The Guided Search model (Wolfe, 1994) elegantly accounts for these findings through top-down effects of “channels” that have peak activations at the centers of these categories (e.g., the vertical channel responds maximally to vertical lines). It is at present unclear is where these channels come from and how they come to encode such information as steepness and leftness. While it is possible that such fundamental perceptual dimensions as verticality arise from ecological distributions, other hypothesized channels seem more arbitrary (e.g., steep, shallow, and purple channels). Might categorical effects be produced in part by linguistically derived categories? That is, might the ability to use the label “steep” facilitate selection of the steep elements (perhaps by enabling more efficient perceptual grouping among elements that comprise the “steep” versus “shallow” categories)? Some evidence comes from a study showing that learning arbitrary associations between tilted lines and arbitrary labels can produce such categorical effects. For instance, learning to associate +45° and 90° lines with the label “pencil” and -45° and 0° lines with the
label “elephant” resulted in faster search when targets and non-targets span the category boundary than when they were both in the same category (Smilek, Dixon, & Merikle, 2006).

Further evidence for the possible involvement of language in perceptual categories comes from the finding that categorical perception of color (i.e., greater perceptual sensitivity for items that span a category boundary compared to equally spaced items within a category) is lateralized to the left hemisphere (Gilbert, Regier, Kay, & Ivry, 2006) and is disrupted when participants are placed under conditions of verbal interference (Pilling, A. Wiggett, Ozgen, & Davies, 2003; Roberson & Davidoff, 2000; A.J. Wiggett & Davies, 2008; Winawer et al., 2007). The involvement of language in categorical perception of color is also supported by findings that categorical perception of color is disrupted by verbal interference. These effects are not unique to color categories and have been extended to facial expressions (Roberson & Davidoff, 2000) and familiar objects (Gilbert, Regier, Kay, & Ivry, in press). In sum: there is suggestive evidence that category effects in visual processing may be modulated by verbal labels. We do not wish to claim that visual categorical perception is not possible without language. However, given that verbal labels typically denote categories (e.g., “green” denotes a range of colors) and given that top-down feedback is important for even the most basic visual processes, it may be the case that verbal labels can dynamically modulate visual processing enabling improved processing, of stimuli from the named category.

Predictions

The present studies test several specific hypotheses. First, we test the prediction that hearing a category name (e.g., “five” or “chair”) enhances the saliency of multiple exemplars of the named category, facilitating deployment of attention to those items. Second, we test the
prediction that effects of labels on attention are modulated by stimulus typicality. Because category labels are most strongly associated with typical exemplars (Rosch, 1973), the effects of labels on attention should be strongest for typical compared to atypical items. Third, we hypothesize that the effect of labels may interact with the spatial grouping of the visual stimuli. The facilitatory effect of hearing a label may be stronger when the task requires more focused attention, such as when exemplars from different categories are spatially interspersed compared to spatially grouped. Fourth, if the effect of labels on the deployment of attention is dynamic, as we claim, it should unfold gradually in time. We investigate the time-course of the label effect by parametrically varying the delay between the appearance of the visual stimuli and the appearance of the attentional probe (see Figure 1 and Methods below). Fifth, if hearing a label enhances the saliency of multiple objects (a form of category based attention), then its effects should be observed even when the display of the objects to be attended is very brief, preventing eye movements and restricting multiple covert shifts of attention.

Experiment 1

To test the hypotheses listed above we used a variation of the classic probe-detection technique (e.g., Egly, Driver, & Rafal, 1994; Eriksen & Hoffman, 1972; Posner, Snyder, & Davidson, 1980). In this paradigm, participants report the appearance of a small visual stimulus (probe) by pressing a button as soon as they detect it. A classic finding is that manipulations that evoke covert shifts of attention from a central fixation point to a particular location, for instance, viewing a cue in the form of an arrow that points to a given location, yield shorter RTs when a probe subsequently appears at that location. More generally, manipulations that increase the saliency of particular stimuli should improve the speed with which a probe near those stimuli is
In the modified version of the probe-detection paradigm used here, the cues consisted of spoken category labels (the words “two” and “five” in Experiments 1, 2, 5, and 6; the words “chair” and “table” in Experiment 4). The spoken label cues were manipulated as a within-subject factor, occurring on a random half of the trials. Following the cue, participants viewed a display of numbers (2s and 5s) (Experiments 1, 2, 5, 6) or pictures of chairs and tables (Experiment 4) and had to respond to the appearance of a probe appearing next to one of the numerals or pictures. Although the exact position of the probe was not known ahead of time, it was constrained to always appear next to a stimulus from a given category (e.g., 2s) for one half of the experiment and next to the other category (e.g., 5s) for the other half (cf. Experiments 3a-3b). Participants were explicitly told of this constraint at the start of the experiment.

The critical test involved comparing reaction times to the probe on trials during which participants heard the category labeled, e.g., “attend to the five” to RTs when the category name was replaced by a filler word, e.g., “attend to the category.” Insofar as labels enhance the saliency of objects from the labeled category, participants should be faster to detect the probe when the target category is labeled. That is, simply hearing the label should enhance the saliency of stimuli matching the named category. We hypothesized that this facilitation would be transient, and so we should observe facilitated responses on label relative to no-label trials even when the two trial-types are intermixed. Because the same category is probed for hundreds of trials, the label is redundant—it does not tell the participant anything they don’t already know. With only two categories, memory demands are minimal; participants don’t need to be reminded which is the relevant category.
Methods

Subjects. Eighteen Carnegie Mellon University undergraduates volunteered in exchange for course credit or $7. All experiments were conducted accordance with procedures of the university IRB.

Materials. The stimuli were the digits two and five rendered in either a standard Arial font (2, 5) or in a more atypical digital font (☐, ☜), in which the two digits are mirror-images. Numeric characters were used as stimuli because they are perceptually simple and, being overlearned, have strong category representations. As is true of most categories, these stimuli can be classified at multiple levels of abstraction—a 2 can be a “number” an “even number”, a “two”, etc. (Posner & Mitchell, 1967). Classifying a 2 as “two” can be thought as a basic-level task in the sense that it is generally faster to identify alphanumeric characters at this level compared to more superordinate levels (Dick, 1971; Posner, 1970), probably because a “2” is more frequently classified as a “two” than as a “number.”

On a given trial, all stimuli were in the same font. The characters were white on a black background and had a visual-angle of .7° x .8°. The characters were arranged along the circumference of an imaginary circle having a diameter of 10° around a fixation cross (.5° diameter) making all stimuli equidistant from fixation. Each trial contained eight digits: four 2s and four 5s. On each trial there was always an equal number of 2s and 5s on the left and right, and top and bottom parts of the display. The attention probe consisted of a small white dot (3-by-3 pixels) that appeared 3.85° from fixation in the direction of one of the numerals (Figure 1). Stimuli were displayed on a 17” CRT monitor; stimulus delivery was controlled by Presentation software (www.neurobs.com). Responses were collected using a standard USB mouse.

To equalize auditory exposure, both the label and no-label conditions contained auditory
cues. We recorded a female native English speaker produce the phrase “attend to the” and the words “two,” “five,” and “category.” For the label trials, the carrier phrase “attend to the” was spliced with “two” or “five”. For the no-label trials, the phrase was spliced with the neutral word “category.” The resulting auditory cues for the label and no-label trials thus differed only in whether the relevant numeral category was labeled. Although the labels “five” and “two” technically referred to multiple 5s and 2s, respectively, the words “fives” and “twos” seemed unnatural due to the rare occurrence of plural markers on number words. Hence the singular labels “two” and “five” were used.

Procedure. Participants were instructed that they should fixate on the central cross throughout the experiment and click the mouse button as soon as they detected the probe. They were warned that on some trials (catch trials) no probe would be present, in which case they should just wait for the next trial to start. Catch trials were equally distributed across trial types. For half of the experiment, participants were instructed to attend to all the 5s in the display (T=5); for the remaining half, to all the 2s (T=2). The order was counterbalanced between participants.

Each trial began with a fixation cross (500 ms) followed by a 1.30-second audio cue. For the label trials, the audio cue was “attend to the two” for T=2 or “attend to the five” for T=5. For the no-label trials, the cue was “attend to the category.” The numerals appeared 500 ms after the label offset and remained on the screen until the response or trial timeout (4 seconds). After 1500 ms, a small probe appeared next to one of the 2s for T=2 or 5s for T=5. A buzz sounded if participants responded before the probe appeared or during a catch trial. The labeling condition was a within-subject factor; the label and no-label trials were randomly intermixed.

Each stimulus display contained 8 numerals arranged in a circle. The numerals were
positioned at 18°, 54°, 126°, 162°, 198°, 234°, 306°, and 342°. No stimuli were positioned directly above and below the fixation cross in order to more easily check for possible visual field effects.

There were two kinds of display types: alternating, in which the 2s and 5s alternated (2, 5, 2, 5…), and clumped, in which they were clumped in groups of 2 (2, 2, 5, 5, 2, 2…). For half of the trials, the stimuli appeared in a familiar Arial font (typical condition; Figure 1 bottom) while on remaining trials, the numerals appeared in a digital font (atypical condition; Figure 1 top). Both the font-type and display-type were randomly intermixed.

The rationale for manipulating the spatial grouping of the stimuli was two-fold. First, it increased the uncertainty of the spatial distribution of the digits from trial to trial. Second, it allowed us to examine possible interactions between spatial grouping and conceptual grouping—the finding that visual similarity is affected by conceptual similarity such that objects from the same conceptual category become more similar to each other, producing a type of grouping, (Lupyan, 2008a; Lupyan, Thompson-Schill, & Swingley, 2010). The prediction was that categories (2 versus 5) would be especially salient when the items to which they referred were spatially proximate to each other (clumped condition). However, it is not totally clear whether this increased salience should lead to a larger or smaller facilitatory effect of labels. The label effect may be larger because object features highlighted by the label would attract attention more reliably when they belonged to objects physically proximate to one another. Alternatively, increasing the salience of the categories through spatial grouping may lead to better performance overall, masking any facilitation due to labels. In the alternating display, the two categories (2s versus 5) are spatially intermixed and thus require more focused attention to separate. Hearing a label may be especially important in this condition, but its efficacy may be limited to the typical font numerals because they possess more category typical features (i.e., the visual features
activated by hearing the label “two” are more congruent with the typical rather than atypical font stimuli.

Each block contained 71 trials (8 valid probe positions × 2 display types × 2 levels of typicality × label vs. no-label + 7 catch trials on which the probe was absent). Participants completed 5 blocks of 71 trials per target category—a total of 710 trials. Because a number of participants complained about the length of the task, we reduced the length to 4 blocks per target (568 trials) for the last 8 participants. The task took approximately 50 minutes to complete.

Results

Misses (1.6%), and false alarms (2.6%)—were excluded from the analyses for this and the subsequent experiments. Analyses of these infrequent errors failed to find any evidence of condition effects or a speed-accuracy tradeoff—unsurprising for a probe-detection task—hence our discussion will focus on reaction-time analyses. The reaction-time distribution was highly skewed (Kolmogorov-Smirnoff Test: KS=.201, p<.01). We therefore used reaction-time medians as the dependent measure in this and all subsequent experiments.

Several repeated-measures ANOVAs were performed. The first included three fixed factors: target category (2 vs. 5), font (Arial vs. Digital), and presence of labels (Label vs. No-Label). No target-category effects were found in any of the experiments (Fs<1). Participants were quicker to detect the probe on the Arial-font “typical” trials (M=346 ms, SD=74 ms) than on the Digital-font “atypical” trials (M=372 ms, SD=91 ms), F(1, 17) = 28.39, p<.0005 (Figure 2-top). Participants were faster to detect the probe on label trials than on no-label trials, F(1, 17) = 13.35, p = .002. This facilitation was not large, but highly reliable—fifteen of the eighteen subjects showed the effect (sign-test: p=0.008). As evident in Figure 2-top, the facilitation was
highly reliable for the typical-font trials, $F(1, 17)=6.73, p=.019$. Probe-detection for the atypical trials was not significantly facilitated by hearing the label, $F(1,13) = 1.13, p=.302$. However, the typicality × label-presence interaction was not significant, $F(1,17)=1.05, p=.323$. The label facilitation persisted for the duration of the experiment; we did not find any interaction between experimental block and degree of label-facilitation. An additional analysis including visual field (left vs. right) as a factor, failed to find any significant visual field effects.

To further explore possible mediators of the typicality × label interaction, we ran a second repeated-measures ANOVA which included font (i.e., typicality), label condition, and display type (alternating vs. clumped) as fixed factors. Main effects of typicality and label-presence remained highly significant ($F$s = 19.61 and 9.82, respectively). Contrary to our expectation, the main effect of display type did not approach significance, $F(1, 17) < 1$, suggesting that the total number of attentional foci required (4 for the alternating display; 2 for the clumped display) did not influence overall performance. However, there was a significant interaction between typicality, label-presence, and display-type, $F(1, 17) = 6.65, p=.02$. This third-order interaction is unpacked in the bottom panels of Figure 2. Regardless of how the numerals were arranged, participants were faster to respond to probes on the typical-font trials and their response times were decreased overall by hearing the name of the numeric category. When numerals were clumped into groups of two (e.g., 2, 2, 5, 5, 2, 2) the facilitation produced by labels was equivalent for typical and atypical font conditions (Figure 2 bottom-left). However, when the numerals were not grouped in pairs (alternating display type; Figure 2 bottom-right), the facilitation produced by the labels was limited to the numerals rendered in a typical font. Planned t-tests on the atypical and typical trials for the alternating display condition (Figure 2-bottom-right) revealed that the labeling difference was not significant in the atypical font condition,
\(t(16)=.13, \text{n.s.}, \) but was robust in the typical font condition; \(t(16)=3.17, p=.005. \) The two-way interaction between typicality and label-presence was marginal: \(F(1,17)=3.55, p=.077. \)

**Discussion**

Spoken category labels facilitated the deployment of attention to multiple instances of the named category as revealed by faster responses to probes appearing next to one of the exemplars from the named category. The observed facilitation was relative to trials in which participants knew the relevant category (which remained constant for several hundred trials) but did not actually hear the spoken label. Moreover, the facilitation was observed when the *label* and *no-label* trials were intermixed, making unlikely an account of the labeling effect based on strategic factors. The fact that labels facilitated probe-detection when *label* and *no-label* trials were intermixed also indicates that the effect of labels is transient. If it were not, the RT differences between the two trial-types would have quickly dissipated. The temporal dynamics of the label effect is explored further in Experiment 5.

In addition to the effect of labels on the deployment of attention, we found a highly reliable difference in RTs between typical (Arial-font) and atypical (digital-font) stimuli. This finding is not obvious *a priori*: identifying the digits is ancillary to the primary task of detecting the probe: the present task of simple detection of a probe, can in principle be accomplished without identifying or categorizing the numerical digits at all. Our conclusion that spatial attention was in fact driven by category-level information rests on two sources of evidence. First, the difference in RTs between typical and atypical trials is expected if participants are able to, as instructed, allocate attention to the 2s or the 5s in the display, and can achieve this more effectively if the visual exemplars are highly overlearned Arial-font stimuli compared to the less familiar and
more confusable digital-font stimuli. Second, unless spoken labels facilitate probe detection irrespective of the stimuli used in the display—a possibility that is tested in Experiment 2—the finding that hearing a category label facilitates the detection of a probe appearing next to one of the named objects is only possible if participants processed the numeric characters at a conceptual level, to some degree.

As predicted, the effect of labels was numerically greater for the typical stimuli, however, the two-way interaction between typicality and label-presence was not significant. Further analyses revealed a reliable three-way interaction between typicality, label-presence, and display-type. One interpretation of this interaction is that the spatially grouped (clumped) numerals from the same category provided a better match to the category label and this effect is conditioned by typicality. Atypical stimuli were made more salient by the label (resulting in decreased probe-detection RTs), but only when the categorical status of the atypical stimuli was further enhanced by spatial grouping. That is, the mechanism that performs spatial grouping may not be independent of the mechanism that performs conceptual grouping. There may be partial overlap between the process that allows a spoken label to highlight atypical objects that are conceptually similar and the process that highlights visually similar objects that are positioned near one another.

Experiment 2

To further test the hypothesis that the labeling effect observed in Experiment 1 is specific to stimuli that are strongly associated with the label, we conducted a replication of Experiment 1 except that the Arial-font 2s and 5s were mirror-reversed (i.e., rotated about the y-axis). We reasoned that this manipulation would weaken the association between the label and the visual
stimuli, weakening the overlearned mapping between stimulus and category, thus making these stimuli analogous to the atypical digital font. The effect of the label on the deployment of attention was thus predicted to be weakened or eliminated (see Lupyan, 2008a for a similar manipulation).

A secondary goal of Experiment 2 was to examine whether the faster RTs in the Arial-font (typical) trials observed in Experiment 1 were simply due to low-level perceptual differences between the typical and atypical-font trials or whether the RT differences were indicative of visual processing being driven by the stimulus category. In the former view, performance was slower on the digital-font trials because the digital-font numerals were less physically discriminable than the Arial-font stimuli. Alternatively, the overall slower RTs to the digital-font stimuli may have been due to their status as less typical category exemplars which slowed the categorization process. On the latter view, the significantly faster detection of the probe next to the visually typical numerals was due to their being more quickly categorized.

Note that while the digital-font 2s and 5s are indeed more difficult to discriminate from each other than 2s and 5s rendered in a standard font, it is not clear, a priori, that discriminability should be at all relevant in this task. In fact, the main effect of font-type on performance, whether or not it is due simply to discriminability differences, provides evidence that visual saliency is being manipulated to some degree by conceptual categories.

To disentangle the effects of low-level discriminability differences from category effects, we replaced the typical-font numerals with their mirror-reversed versions. This had the effect of maintaining all the low-level features of the Arial-font stimuli, while weakening the association between the visual form of the exemplar and the category/category-label (e.g., it is slower to name or classify a mirrored numeral compared to its canonical form). If the effect of font on
probe-detection had a basis in low-level physical differences (e.g., physical discriminability), then the mirror-reversal should have no effect on the demonstrated advantage of detecting probes next to Arial-font stimuli. Conversely, if the robust RT difference between typical and atypical-font trials demonstrated in Experiment 1 was related to typicality (the association strength between the visual exemplars and the category), then this mirror-reversal should eliminate or lessen the advantage demonstrated for the Arial-font stimuli.

The mirror reversal also allowed us to test the specificity of the labeling advantage found in Experiment 1. Insofar as labels facilitate the processing of associated stimuli, manipulations that disrupt the association between the label and the visual exemplar should eliminate or lessen the benefit of labels (see also Lupyan, 2007a, 2008a).

Methods

Subjects. Fourteen Carnegie Mellon undergraduate students were recruited and compensated $7 for their participation.

Materials and Procedure. The materials and procedure were identical to Experiment 1 with the exception that the typical (Arial font) stimuli were mirrored (rotated about the y-axis).

Results

Misses (1.0%), and false alarms (3.0%) did not differ between conditions, and were excluded from the RT analyses. Reaction time data are shown in Figure 3. Median RTs were numerically faster in this experiment compared to Experiments 1 (322 ms versus 355 ms), but this difference was not reliable, $F(1,30)=1.61$, $p>.2$. Responses were still faster to the now-
rotated “typical” stimuli compared to the atypical stimuli, $F(1,13) = 13.42, p = .003$, though the difference was significantly smaller than in Experiment 1. The Arial-font advantage was reduced from 25.1 ms in Experiment 1, to 9.68 ms in the present experiment. This difference was significant by a two-sample, two-tailed t-test, $t(30)=2.67, p = .014$.

There was no overall effect of labels, $F(1, 13)=1.60, p>.2$ and no interaction between label-presence and font, $F(1,13)=1.10, p>.3$. Planned comparisons examining the effect of labels on the atypical (digital font) and mirrored (Arial font) trials revealed that, as in Experiment 1, labels did not significantly affect RTs for the atypical-font trials, $F(1, 13)=3.17, p = .100$, and now also had no effect on the now mirror-reversed Arial-font trials, $F(1,13)<1$, even though the mirrored numerals had the same low-level perceptual properties of the original numerals. Also as in Experiment 1, there was no interaction between experiment block and the presence of labels, $F<1$.

A direct comparison of Experiments 1 and 2 was conducted by entering typicality and labeling condition as within-subject factors and experiment as a between-subject factor. We found a significant interaction between label-presence and experiment, $F(1, 30)=8.89, p = .004$, indicating a significantly smaller effect of labels in Experiment 2 than Experiment 1. The three-way interaction between typicality, label-presence, and experiment, did not reach significance, $F(1,30)=1.65, p>.1$, however as can be observed by comparing Figures 2 and 3, the difference in the labeling effect between the two experiments was limited to the Arial-font trials: mirroring them rendered the labels ineffective. A direct comparison of the effect of labels on Arial-font trials in Experiment 1 to the mirrored Arial-font trials in Experiment 2 yielded a marginally significant experiment × label-presence interaction, $F(1,30)=4.04, p = .055$. 
Discussion

The finding that a simple physical transformation (a mirror-reversal) significantly reduced the RT difference between the “typical” and atypical font trials, and that mirroring eliminated the effect of hearing the category labels on visual processing, has two immediate implications. First, the highly reliable RT difference in detecting a probe appearing next a typical versus atypical category exemplar cannot be reduced to a simple difference in the physical discriminability between the two categories. When low-level differences between the exemplars are preserved, but the association between the typical exemplars and their category representations (or prototypes) is disrupted, the effect of typicality on overall RTs is significantly reduced. Second, the present results confirm that the degree to which labels facilitate the deployment of attention to multiple instances of the named category appears to depend on stimulus typicality (as operationalized by the association strength between the visual exemplar and the label) rather than on any feature-based visual differences (Lupyan, 2008a).

Although the overall RT difference between the fonts was reduced in the present experiment, responses were still significantly faster to the now-mirrored Arial-font trials compared to the digital-font trials. This suggests that stimulus discriminability may indeed be a factor in producing the RT difference between the Arial and digital fonts. Notably, the digital-font stimuli do not differ from each other on any simple visual features while the Arial-font stimuli, though made less familiar by a mirror reversal, are still discriminable based on simple visual features (e.g., the presence of vertical line segment in 5s, but not 2s). Nevertheless, the finding that the font effect was reduced by more than a factor of two between Experiments 1 and 2 suggests that the primary origin of the RT difference lies in category typicality.
Experiment 3a

We have claimed that labels facilitate the deployment of attention even when they are entirely redundant. In Experiment 1, we describe the spoken labels as “redundant” because they did not communicate any information not contained in the “block-wide” instructions participants were given at the start of the task informing them of the target category (which remained constant). However, previous work has shown that trial-by-trial cues are more effective than block-wide cues (Posner, Snyder & Davidson, 1980). Thus, it may be that participants are not making use of the block-wide cues which would make the labels quite informative rather than redundant. Experiments 3a and 3b were designed to test whether participants can make use of block-wide category cues (with no “reminder” spoken labels delivered within the block). If, under these circumstances, trials that are congruent with the cue (valid trials) elicit faster RTs than invalidly cued trials, we can conclude that participants are using their block-wide knowledge of the cue even on trials that do not contain a spoken label “reminder” – and, through inference, the spoken labels in Experiment 1 are indeed redundant, as we have claimed.

Methods

Participants. Ten University of Pennsylvania undergraduate students completed the experiment in exchange for course credit.

Materials and Procedure.

The stimuli were identical to Experiment 1, except only the typical (Arial font) numbers were used. As in Experiment 1, participants were instructed to attend to all the 5s (T=5) in the display for one half of the experiment, and to all the 2s in the remaining half (T=2). The order was counterbalanced between participants. Because the goal of the present experiment was to test the
effectiveness of a block-wide cue, the cues consisted of simply instructing people to attend to the 2s (T=2) or 5s (T=5) only at the start of the experiment. The trials were divided into validly cued trials (72%), invalidly cued trials (18%) and catch trials (10%). That is, of the non-catch trials, 80% were valid and 20% invalid. A valid trial was defined as one on which the cue appeared next to one of the 2s in a T=2 block and next to one of the 5s in a T=5 block. If instructing subjects to attend to stimuli from a particular category is effective, we should find faster RTs on the valid, compared to the invalid trials.

Results and Discussion

Misses (0.15%), and false alarms (2.5%) did not differ between conditions, and were excluded from the RT analyses. A repeated-measures ANOVA, with target-category (2 vs. 5) and validity as fixed factors, and subject as a random effect, revealed significantly faster RTs on the validly cued trials ($M=382 \text{ ms}, SD=85 \text{ ms}$) compared to invalidly cued trials ($M=395 \text{ ms}, SD=95 \text{ ms}$), $F(1,9)=6.82, p=.028$. There were no other reliable effects, $Fs<1$.

We found a significant, albeit small, RT advantage for validly cued compared to invalidly cued trials. This difference indicates that participants were using their knowledge of what the cue was during the entire block of trials, even when there were no spoken label reminders. Consequently, we conclude that the spoken label cues that accompanied some individual trials in Experiment 1, and which imbued an exceptional facilitation of RTs, were indeed redundant cues.

It is perhaps noteworthy that the median RTs for the valid trials in the present study were, on average, 44 ms greater than those for the typical no-label trials of Experiment 1 (Figure 2). This difference did not reach significance as tested by a cross-experiment t-test, but the
longer RTs observed in the present experiment support previous evidence that block-wide cues are less effective than cues that are delivered on a trial-by-trial basis (Posner et al., 1980).

Experiment 3b

In Experiment 3a we found that block-wide category cues facilitated responses on valid compared to invalid trials. However, Experiment 3a used stimuli that were readily discriminable (the typical font numerals) raising the possibility that participants were attending more to the relevant digits in this experiment than in Experiments 1 and 2 which included trials on which the numerals were less discriminable. If true, then it remains possible that block-wide cues would not be effective if discrimination between 2s and 5s on some trials was made more difficult, as it was in Experiment 1. Experiment 3b was a replication of Experiment 3a, but intermixed both typical and atypical (digital-font) numerals. A finding that valid cues still sped responses, particularly for the typical-font stimuli, would strengthen the claim that the labels used in Experiment 1 were truly redundant, affecting attention over and above block-wide cues.

Methods

Participants. Eleven University of Pennsylvania undergraduate students completed the experiment in exchange for course credit.

Materials and Procedure.

The stimuli were identical to Experiment 1. The procedure was identical to Experiment 3a except (1) both typical and atypical digits were used, and (2) to keep the length of the experiment comparable to Experiment 3a, each participant was instructed to attend to only a single target
category. T=2 and T=5 trials were counterbalanced between participants.

Results and Discussion

Misses (0.2%), and false alarms (5.0%) did not differ reliably between target categories (T=2 versus T=5); hits were marginally higher for valid than invalid trials, $F(1, 10)=4.06$, $p=.072$ ($M_{\text{valid}}=99.4\%, M_{\text{invalid}}=99.9\%$). Error trials were excluded from the RT analysis. Median RTs were analyzed using a repeated-measures ANOVA. Initial analyses failed to find any effects of the target category, $F<1$, and so this factor was dropped from further analyses. Factors of interest were validity (valid versus invalid) and typicality (typical font versus digital font). There were no main effects of validity, $F<1$, or typicality, $F(1,10)=1.04$, $p>.3$, but there was a reliable validity × typicality interaction, $F(1,10) = 7.89$, $p=.02$. Planned comparisons showed that participants responded more quickly on valid than invalid typical trials, ($M_{\text{valid}}=331$ ms; $M_{\text{invalid}}=340$ ms), $t(10)=2.66$, $p=.024$. There was no reliable effect of validity on atypical (digital-font) trials. In fact, for these trials, valid cues slightly slowed down responses, ($M_{\text{valid}}=336$ ms; $M_{\text{invalid}}=344$ ms), $t(10)=1.70$, $p=.12$

These results replicate and extend the finding of Experiment 3a. Block-wide category cues, i.e., the instruction to attend to just the 2s (or just the 5s) at the start of a block, produced faster responses on valid compared to invalid trials, but only for the typical-font stimuli. This result supports our claim that verbal labels modulate visual processing of labeled items over and above block-wide cues.

Experiment 4
Although the stimuli used in Experiments 1-3 arguably comprise basic-level categories in Rosch’s sense (Mervis & Rosch, 1981), it is important to test the generality of the labeling effect with more ecologically valid categories. It is also important to demonstrate that the label-facilitation effect is present when each trial includes visually heterogeneous exemplars from the named category.

Methods

Subjects. Eighteen Carnegie Mellon University undergraduates volunteered in exchange for course credit or $7.

Materials and Procedure. The procedure was identical to Experiment 1, with the following exceptions. The numerals 2 and 5 were replaced with images of chairs and tables. The images were obtained from the IKEA® online catalog, converted to grayscale, and calibrated to have equivalent brightness and contrast in order to minimize effects of low-level perceptual differences in drawing attention to individual objects. Each trial contained 4 chairs and 4 tables, selected at random with replacement from a larger set of 20 stimuli. The images were positioned on the screen in a manner identical to Experiment 1. In one part, participants were told to attend to the chairs and in the second part, to attend to the tables. Order was counterbalanced. Participants completed 5 blocks (for each target category. Within each block, half the trials contained a label cue: “attend to the chairs [tables]” and half a no-label cue: “attend to the category.” The two trial types were intermixed. The present stimuli had more heterogeneous contours compared to the 2s and 5s, and some stimuli tended to mask the probe dot in their
contours, making detection difficult. For this reason, the probe consisted of a thin gray frame appearing around the target stimulus.

**Results**

Accuracy was very high—$M_{misses}=2\%$, $M_{false-alarms}=2\%$—and did not differ between conditions, so our analyses focus on median RTs. An initial repeated-measures analysis using label-presence as a within-subject effect found a significant main effect of label-presence, $F(1,17)=11.96$, $p=.003$. Exploratory analyses revealed that the effects of labels were strongest at the start of each half of the experiment and wore off after several blocks. We therefore added a second factor to the ANOVA, coding blocks 1-2 as the “early” blocks and blocks 3-5 as the “late” blocks. The main effect of label-presence remained highly significant, $F(1,18)=8.95$, $p=.008$. Within each object category, there was no overall change in RTs between early and late blocks, $F(1,17)<1$. As shown in Figure 4, labels facilitated responses only for the early blocks as supported by a significant label-presence × block (early versus late) interaction, $F(1,17)=5.16$, $p=.036$. Having found this interaction, we conducted an identical analysis on the data from Experiment 1. This analysis failed to find an interaction between the magnitude of the labeling effect and time of experiment (early versus late blocks), $F(1,17)<1$, and no significant effect of experiment block on overall RTs, $F(1,17)=1.41$, $p>.2$.

**Discussion**

Experiment 4 replicated the main result of Experiment 1: labels facilitated the deployment of attention to multiple exemplars associated with the category label. Experiment 4 extended this result in two ways. First, we showed that the result generalizes to a much richer
category structure—realistic pictures of chairs and tables—which are difficult to distinguish as a group using basic perceptual features (Wolfe & Horowitz, 2004). Although it may be argued that the numerical stimuli 2 and 5 can be discriminated based on simple visual features, e.g., the presence of a vertical line segment in a 5, but not a 2 rendered in an Arial font, such a strategy was not possible in the present experiment because the chair and table pictures did not differ, as a category, on any simple visual features.

Second, we showed that spoken labels facilitate the deployment of attention to multiple different exemplars of a given category. In contrast to Experiment 1 in which the stimuli from the same category were identical to one another on a given trial, in the present experiment multiple different exemplars were shown on a single trial. The finding that RTs on the label trials were still reduced relative to no-label trials provides additional evidence that hearing a spoken label facilitates the visual processing of multiple different stimuli that are associated with the label.

Unlike Experiment 1 in which labels facilitated performance for the entire duration of the task, in the present study labels only facilitated performance for the first several blocks of each target category. Following the category switch (from chair to table or table to chair) labels once again facilitated performance, with the effect dissipating over time. The disappearance of the facilitation may be due to semantic satiation (a phenomenon in which repetition of a word causes increased difficulty in processing it, e.g., Smith & Klein, 1990) which may be stronger for these more complex picture stimuli compared to numeric characters. The rather complex pattern of results evident in Figure 4 is likely a product of semantic satiation, general practice effects, and switching the target category (i.e., switching from attending to chairs to attending to tables). Further work is necessary to tease apart the contributions of these factors.
Experiment 5

The proposed account of the effects of labels on the deployment of attention posits that the effect of the label on attention is transient. To further explore the temporal aspects of the effect of labels on attention, we manipulated the duration of the stimulus-to-probe delay. We predicted that the facilitatory effect of the label should unfold in time, as expected if the effect is produced through recurrent processes that involve top-down feedback. Knowing the time frame at which the labeling effect is at its peak will be useful for guiding future experimentation.

Methods

Participants. Twenty-five Cornell University undergraduate students completed the experiment in exchange for course credit.

Materials and Procedure. Experiment 5 was identical to Experiment 1 with the following exceptions: First, only typical (Arial font) stimuli were used. Second, the stimulus-to-probe delay—the interval between the appearance of the numeral display, and the appearance of the probe was not fixed to 1500 ms, but ranged from 750 ms to 2000 ms in increments of 250 ms. There was an equal number of trials at each delay duration. The choice of delays was informed by a pilot experiment which tested shorter delays of 350 ms and 500 ms. Labels did not affect RTs for these short delays.

Results
Accuracy was very high—$M_{\text{misses}}=1\%$, $M_{\text{false-alarms}}=2\%$—and did not vary as a function of the stimulus-to-probe delay, $F<1$. Subsequent analyses focus on median RTs. A repeated-measures ANOVA with probe-onset delay and label-presence as within-subject factors revealed significant main effects of the probe-onset delay, $F(5, 120)=14.33, p<.0005$. As before, labels facilitated the deployment of attention, $F(1, 24)=7.89, p=.010$ (Figure 5). The label × delay interaction was not significant, $F<1$. Planned comparisons of the effect of labels at each probe-onset delay revealed that labels facilitated responses only for the intermediate probe-onsets at 1250 ms, $t(24)=1.87, p=.037$, and 1500 ms (the delay used in Experiment 1), $t(24)=2.08, p=.024$ (pair-wise t-tests, one-tailed). As in Experiment 1, there was no interaction between experiment block and the presence of labels, $F<1$.

Discussion

The goal of Experiment 5 was to investigate the time-course of the label facilitation effect reported in Experiment 1. The present experiment yielded two main findings. First, overall RTs decreased rapidly from a delay of 750 ms to 1250 ms (Figure 5). Second, the facilitatory effect of labels was apparent only for the two intermediate delays: 1250 ms and 1500 ms.

The finding that overall RTs decreased with greater stimuli-to-probe onset delays supports the notion that, prior to the appearance of the probe, participants are (explicitly or implicitly) categorizing the stimuli. The decrease in overall RTs with increasing probe-onset delays may arise from this categorization process which allows for the deployment of attention to the targets and away from the distractors. Indeed, this decrease may reflect the effect of the block-wide cues.
The finding that the effect of labels is transient is expected given the results of Experiment 1. As mentioned earlier, if hearing a label produced a long-term effect in this task (e.g., if labels produced a type of repetition priming), the difference in RTs between the label and no-label trials would rapidly disappear since the benefit of hearing a label on trial n would carry over to trial n+1. The present experiment provides direct support for the transient nature of the labeling effect observed in Experiment 1, and reveals the temporal range in which the labeling effect is most effective.

The failure to find a facilitation of labels at short probe-onset delays was not due to insufficient time to process the cue—a 750 ms probe-onset delay translates to a 1250 ms interval between label-offset and the probe—providing ample time for processing the verbal cue (Gibson & Kingstone, 2006; Wolfe et al., 2004; Vickery et al., 2005). The failure to find an effect of labels at this delay suggests that facilitation due to labels requires that the bottom-up activation from the stimulus display interact with the top-down activity induced by the label (see Experiment 6 for an elaboration). The reported timecourse is no doubt dependent on the choice and number of stimuli, suggesting a number of follow-up experiments investigating the contribution of factors such as typicality, stimulus number, visual complexity, and spatial proximity on the time-course of the labeling effect.

Before concluding that redundant verbal labels indeed facilitate the deployment of attention to multiple objects that match the label, we thought it would be prudent to attempt to generalize the effect to a somewhat different experimental paradigm, one that allows us to (1) examine whether the effect of labels can be observed through an accuracy measure as well as reaction time, (2) determine whether the effect of labels remains when eye movements are...
restricted, and (3) to elucidate the nature of the rather long (>1 second) delay that seems to be neces-
sary for labels to affect visual processing.

Experiment 6

We have interpreted the finding that verbal labels decrease RT to probes appearing next to
cued numerals as evidence that hearing a label, even one that is informationally redundant,
perhaps by preactivating associated visual representations, enabling more efficient deployment
of attention. In effect, hearing the word “five” temporarily makes the visual system a better
detector of 5’s (see Iordanescu, Guzman-Martinez, Grabowecky, & Suzuki, 2008 for similar
reasoning). In this experiment, we aim to test this account in a new way. Instead of instructing
participants to detect a probe near an item from a labeled category, participants heard a verbal
cue followed by a briefly presented display. Their task was to click on the locations of the all the
items (now off-screen) that matched the category relevant to the task (the number 2 for one half
of participants and the number 5 for the remaining half). Our primary dependent measure was the
number of correctly identified locations. As before, the labels, presented randomly on a trial-by-
trial basis, were informationally redundant. The target category stayed constant throughout the
experiment.

A secondary aim of Experiment 6 was to provide better control over eye movements. The
brief stimulus presentations ensured that, at least for the shortest display duration, participants
did not have sufficient time to move their eyes while the target items are in view. Lastly, the
experiment elucidates the nature of the timecourse of the effect of labels on attentional
deployment. Experiment 5 showed that labels facilitated probe-detection only when the probe
appeared 1250-1500 ms after the onset of the target/distractor stimuli (the numerals 2 and 5).
One possibility is that this much time is required for the top-down cues (labels) to interact with the bottom-up information (the 8 digits surrounding the central fixation point) (see Di Lollo, Kawahara, Zuvic, & Visser, 2001 for a relevant discussion). Although there is no baseline against which to compare these >1 second delays, these times are longer than the time it typically takes to generate an object “template” from a text label (Vickery et al., 2005; Wolfe et al., 2004) or to evoke a spatial shift following a word like “above” (Hommel et al., 2001). A possibility investigated in this experiment is that verbal labels can facilitate processing of matching stimuli even when the latter are very briefly presented, as long as participants have information regarding the positions of potential targets (Burkell & Pylyshyn, 1997). To this end, Experiment 6 used empty placeholders to mark (precue) the locations of potential targets and limited exposure to the target and distractor stimuli to 100-500 ms.

Methods

Participants. Twenty-two University of Pennsylvania undergraduate students completed the experiment in exchange for course credit. Participants were randomly assigned to a Target=2 or Target=5 condition.

Materials and Procedure. The materials were identical to those of Experiment 1, except only the typical (Arial font) stimuli were used. To accommodate the demands of the present task, the imaginary circle along which the stimuli were arranged was reduced to 7.4° and the stimuli now appeared inside of placeholder rectangles outlined in white. Rather than detecting an attention probe, participants’ task was to click on all the locations in which a stimulus from a specific category appeared (Figure 6). Thus, during the presentation of the stimuli, participants had to
deploy attention to all the stimuli matching the target category.

Each trial began with a fixation cross. After 500 ms it was surrounded by placeholders (Figure 6). After a further 500 ms delay, an auditory label was heard, identical to that used in Experiment 1. One second after label offset, the placeholders were filled with randomly arranged 2s and 5s (four of each). The digits were visible for one of three durations—100 ms, 300 ms, or 500 ms—chosen pseudorandomly for each trial. All trial types had equal frequencies. After the digits disappeared, a mouse cursor became visible at the fixation point and participants clicked on the locations (indicated by the empty placeholders) at which they remembered seeing a particular digit (2 or 5, depending on condition). The next trial was initiated automatically when a participant clicked on four unique locations. No feedback was provided. Chance level was 50% (2 out of 4 correct).

Participants completed as many trials as possible in a single 45 minute session (range=250-405; M=355). The design ensured that each position was equally likely to be occupied by a 2 or a 5 and that correlation between label-presence and stimulus-duration was exactly or very close to 0.

Results

Preliminary analyses revealed that performance was significantly lower during the first 50 trials; these were therefore considered practice and were not analyzed further. There were no significant differences in performance between the 2 and 5 conditions, $F(1,20)<1$ and the conditions did not interact with display duration, $F(2,40)=1.75, p=.19$. All subsequent analyses collapsed across the target category.

As shown in Figure 7 a-b, performance was remarkably good. Of the almost 7,000 total
trials, there were a total of 2 on which a participant clicked on 0 of the correct locations. Even when the 8 digits were shown for 100 ms.—too short to permit any eye movements—overall performance was 77.4% (3.096/4), well above chance value of 50%. To test whether labels affected accuracy in locating the target stimuli, we conducted a repeated-measures ANOVA with label-presence and duration as within-subject factors. Because of greater variability in the shortest (100 ms) duration condition, the ANOVA was weighed so as not violate the equal variances assumption. Unsurprisingly, performance improved dramatically for longer exposure duration, as measured by accuracy, $F(2,42)=241.55$ (Figure 7c) and total response time, $F(2,42)=49.22$ (Figure 7d). Critically, relative to the intermixed no-label trials responses during label trials were significantly faster, $F(1,21)=4.46$, $p=.047$, and more accurate, $F(1,21)=7.04$, $p=.015$ (Figure 7). These effects remained significant with an unweighed ANOVA. The label-presence $\times$ stimulus-duration interaction was not significant for either RTs or accuracy, but as can be observed from Figure 7C, the effect of labels on accuracy was primarily driven by the shorter stimulus-durations, with a likely ceiling effect at the 500 ms duration for accuracy.

**Discussion**

The results of Experiment 6 extended the results of Experiments 1-2, and 4-5 to an experimental paradigm requiring participants to explicitly note the location of all the stimuli matching the target category. It was found that hearing an informationally redundant label (presented on a random 50% of the trials) improved participants’ ability to correctly identify the

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1 As in Experiment 1, there was no reliable interaction between trial number (divided into three bins) and label-presence, $F<1$. We observed a marginal three-way interaction between subject, trial number, and label presence, ANCOVA: $F(2,42)=1.77$, $p=.058$, suggesting that for some, but not other, participants, labels facilitated performance throughout the experiment. This analysis is complicated by the fact that faster participants completed more trials than slower participants making this experiment poorly suited for answering questions regarding the long-term timecourse of the labeling effect.
locations of the stimuli from the target category. We also observed faster RTs on the label trials compared to no-label trials. In the context of this experiment, RTs reflect the time it took participants to move the mouse to the four locations in which they thought the target stimuli were presented. It is reasonable to interpret shorter RTs as resulting from greater confidence.

Although participants in Experiment 1-5 were instructed not to move their eyes, the design of these experiments provided ample opportunities for eye movements, making it unclear whether the facilitatory effects of hearing labels are observable in the absence of eye movements. In the present study, the short display durations limited eye movements. We cannot be sure that eye-movements did not contribute to the results of the earlier studies, the finding of facilitated performance on the trials on which the stimuli were displayed for only 100 ms means that the facilitatory effects of redundant labels can occur in the absence of eye movements. The finding of facilitated performance on the label trials (both in accuracy and RT) suggests that labels can affect the processing of multiple stimuli throughout a visual scene in parallel, i.e., when participants have only a very limited or no opportunity to shift their attention from item to item after hearing the label. As we discuss below, we believe this is achieved through a preactivation of visual representations associated with the verbal label.

In Experiments 1-2, and 4-5 there was a long delay after the offset of the label during which participants could examine the visual scene. In the present study this delay was replaced by one with empty placeholders which participants could use to select the regions of the display which may contain target stimuli (Burkell & Pylyshyn, 1997). Although the category representations evoked by the verbal labels may have some degree of spatial invariance (Lupyan & Spivey, 2008; under review), the placeholders explicitly demarcate the possible positions. In this context, hearing the word “two” may activate visual representations of category-typical 2s in
the positions corresponding to the empty placeholders. When the 2s actually appear in a subset of those positions, there is a match between the bottom-up stimulus-driven representation and top-down “templates” set up by the label and a mismatch (a prediction error) in the position occupied by the non-targets (5s in this example). This account is fully compatible with “predictive vision” frameworks (Enns & Lleras, 2008; Rao & Ballard, 1999; Kveraga et al., 2007).

General Discussion

Spoken category labels facilitated the deployment of attention to multiple category exemplars as revealed by shorter reaction times to a visual probe appearing near a stimulus belonging to the named category (Experiments 1-2, 4-5). The facilitation was observed for numerals (2s and 5s) as well as for more complex objects (chairs and tables). In the former case, the facilitation lasted for the duration of the experiment. For more complex objects, the facilitation dissipated over time and was restored after a category switch (e.g., switching from attending to chairs to attending to tables). More research is required to fully understand the cause of this dissipation.

Hearing category labels improved performance even though the labels were informationally redundant. The relevant category was kept constant for hundreds of trials and was known to participants ahead of time. Nevertheless, actually hearing the category label facilitated probe detection. Experiment 6 extended this result to a paradigm requiring participants to actually note the locations of all the relevant stimuli (which occupied 4 out of 8 possible spatial positions). Hearing an informationally redundant label improved participants’ accuracy in identifying the targets, that is, facilitated deployment of attention to stimuli matching the label, when the targets/distractors were presented for as briefly as 100 ms.
The fact that the labels were informationally redundant (a claim further strengthened by the results of Experiment 3) is critical. A number of previous studies have established that verbal object labels help to set up templates that can guide visual search (Vickery et al., 2005; Wolfe et al., 2004). However, in these studies the labels informed participants of the upcoming target. In contrast, in the present experiments participants always knew what the relevant category was both because they were explicitly told what it was and because it remained constant for hundreds of trials. The finding of a transiently facilitated performance following the presentation of an object label (a within-subject, mixed-trial manipulation) suggests that actually hearing a label enables the visual system to process stimuli more effectively than can be accomplished without the label (Lupyan, 2007a, 2008a). In effect, language is “greasing the wheels of perception” (R. Goldstone, pers. comm.).

The facilitatory effect of labels was modulated by typicality of the exemplars, becoming weaker when the digits were rendered in an atypical font (Experiment 1) and disappearing when the stimuli were mirror-reversed (Experiment 2)—a manipulation that was designed to keep constant the low-level features of the stimuli, but disrupt the association between the visual stimuli and the label.

These results are unexpected under a conception of verbal labels (and language more broadly) as simple outputs of a system designed to “translate” concepts to their equivalent linguistic symbols (Dessalegn & Landau, 2008; Li & Gleitman, 2002). On such a view, the concept of which object to attend should have been equivalently activated in all conditions of these experiments, yet, the presence of the redundant linguistic cue was found to enhance performance.

What can explain this effect of language on vision? We theorize that the effect is a type
of top-down modulation of ongoing activity in the visual system. Contemporary accounts of the
primate visual system stress the importance of feedback—the modulation of “earlier” areas by
“later” areas (C. Gilbert & Sigman, 2007; Lamme & Roelfsema, 2000; Mesulam, 1998;
Mumford, 1992; Dehaene, Changeux, Naccache, Sackur, & Sergent, 2006). The consequence of
massive feedback processes is that the clear anatomical hierarchy of the visual system (Felleman
& Van Essen, 1991) does not result in a clear functional hierarchy of its subprocesses. For
instance, the very “late” prefrontal areas of cortex can at times respond to the presence of a
visual stimulus before early visual cortex (V2) (Lamme & Roelfsema, 2000 for review). Visual
processing can be modulated by top-down feedback extremely rapidly. The presence of fast-
conducting magnocellular pathways between V1 and MT enables the latter to modulate activity
in V1 via feedback within 10 ms (Vidyasagar, 1999; Hupe et al., 2001). These authors speculated
that the extremely rapid conduction velocities of the V1 ↔ MT pathway mean that some signals
from MT can be transmitted back to V1-V3 in as little as 1-2 ms. One effect of this feedback
activity is to dynamically reshape receptive fields. For instance, in V1, cells are re-tuned from
reflecting simple orientation feature within classically small and simple receptive fields, to
reflecting figure/ground relationships over a much larger area about 100 ms after stimulus onset

Effects of verbal labels on vision can be seen as embodying a more complex type of
perceptual modulation (which correspondingly takes more time to achieve). In this view (the
Label Feedback Hypothesis of Lupyan, 2007b), processing a category label initiates a volley of
feedback activity to object-selective regions of cortex such as IT (Logothetis & Sheinberg,
1996), producing a predictive signal or “head start” to the visual system (Kveraga et al., 2007;
Puri & Wojciulik, 2008; Esterman & Yantis, 2008). Within the biased competition theory of
attention (Desimone & Duncan, 1995), these predictive signals would enable those neurons with receptive fields lying within the named object to gain a competitive advantage (Deco & Lee, 2002; Kramer, Weber, & Watson, 1997; Kravitz & Behrmann, 2008; Vecera & Farah, 1994). Given feedback from object-selective cortical regions, winning objects can bias earlier spatial regions of visual cortex. Iordanescu and colleagues have invoked a similar mechanism to explain why presenting sounds characteristic of target objects such as the jingling of keys or the meowing of a cat facilitates reporting the location of the associated objects in a visual search task even though the sound cues do not themselves provide any spatial information (Iordanescu et al., 2008).

The observed effects of labels on attentional deployment occur sooner than eye movements can be generated (Experiment 6), are manifested in a within-subject design on a trial-by-trial basis (all present experiments) and comprise facilitation over and above that provided by block-wide knowledge of the cue (e.g., Experiment 3). Thus, we are inclined to characterize this finding of redundant spoken labels influencing visual perception as a relatively automatic top-down influence of linguistic/conceptual representations on visual representations (Lupyan, 2007a, 2007b, 2008a; Lupyan et al., 2010). The present results do not allow us to make conclusions about the neural locus of the labeling effect. At present, it remains unclear whether labels directly affect visual representations that comprise an attentional saliency map or if they affect an object-based attentional process that in turn influences a visual saliency map. In either case, the present findings comprise an effect of verbal labels on the ability to attend to multiple objects matching the label.

We interpret the present effects of as being automatic rather than strategic. Our use of the rather ambiguous term “automatic” is similar to the definition of automaticity in the context of
the Stroop effect. On being presented with a word, participants tend to automatically process its meaning. However, this type of automaticity does not imply that the dependent measure cannot be influenced by various experimental manipulations (e.g., the degree of interference in the Stroop paradigm can be altered by numerous factors Macleod, 1991). Nevertheless, because in the present studies the labels predicted the target category, we cannot conclude that labels automatically direct attention regardless of their predictive power (in the same way that, for example, a flashing light captures attention even when it is counter-predictive of the target location, e.g., Posner et al., 1980). At present, the finding that attentional deployment to the named items is affected by redundant verbal labels requires that participants attend to the verbal cue (cf. Hommel et al., 2001 who found that verbal effects on spatial attention can be observed even when the verbal cues are unpredictive or counter-predictive).

We predicted that, insofar as verbal labels are associated with object categories rather than single objects, verbal cues would affect not just processing of single objects, but to have scene-wide effects on multiple objects that match the label. This claim is at odds with a single spotlight model of attention. Despite the continued prevalence of the single spotlight metaphor, there is a strong evidence that people can attend simultaneously to multiple non-contiguous locations or objects (Malinowski, Fuchs, & M. Muller, 2007; M. Muller & Hubner, 2002; McMains & Somers, 2004; Scholl & Z. Pylyshyn, 1999) even for sustained periods of time (Muller & Hubner, 2002; Muller, Malinowski, Gruber, & Hillyard, 2003; N. Muller & Kleinschmidt, 2003; McMains & Somers, 2005). The results of Experiment 6 in which brief presentations restricted eye movements provide additional support to the claim that participants were able to rapidly process multiple items from a common category – a form of category-based
attention. This ability was facilitated by actually hearing a verbal label immediately prior to the appearance of the visual scene.

The present studies may be construed as a type of crossmodal facilitation. Although on-line effects of vision on audition are well known (McGurk & MacDonald, 1976; Ma, Zhou, Ross, John J. Foxe, & Parra, 2009), less is known about the degree to which auditory information affects on-line visual processing and visual attention. There is now accumulating evidence that sounds affect visual perception (Sekuler, Sekuler, & Lau, 1997; Shams, Kamitani, & Shimojo, 2002), with modulations of early visual cortex by sounds detected in as little as 35-65 ms (Shams, Iwaki, Chawla, & Bhattacharya, 2005). The finding that spoken labels facilitated deployment of visual attention can be viewed as an instance of such crossmodal facilitation (Molholm, Ritter, Javitt, & J.J. Foxe, 2004), albeit one in which verbal labels do not merely facilitate the recognition of a single object, but facilitate visual processing of multiple objects from the named category in parallel.

We did not compare spoken cues to other types of cues and thus the present results do not speak to the question of whether these cuing effects are special to auditory labels. The facilitatory effect of spoken labels observed in the present studies may well generalize to written words and indeed may even be observed when non-speech sounds strongly associated with the target category (e.g., “meow” for cat) are used (Iordanescu et al., 2008). Such a finding would not detract from our conclusion that language modulates visual processing. Learning a language involves, among other things, learning a mostly arbitrary mapping between sounds and classes of objects. When this association is learned, labels can provide top-down input to the visual system.

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2 Current work in our lab (Lupyan & Thompson-Schill, 2010) shows verbal labels (e.g., “cat”) facilitate identification of pictures of the named category as well as facilitate discrimination of typical from atypical instances (e.g., upright cat versus upside-down cat) more strongly than hearing an equally familiar nonverbal cue (e.g., meow).
modulating its activity. One thing that makes verbal labels special is their ubiquity: the association between “chair” and visual instances of chairs is present in every speaker of English (though its strength is perhaps conditioned by individual experience).

In a very real sense, hearing “chair” temporarily enabled the listener to more effectively process and locate images of chairs. By virtue of the learned associations between words and their referents, words appear to shape the perceptual representations that underlie our conceptual knowledge. Rather than simply a tool for reporting experiences (Bloom & Keil, 2001; Gleitman & Papafragou, 2005; Pinker, 1994), and more than providing a separate verbal code (Dessalegn & Landau, 2008; Munnich & Landau, 2003; Paivio, 1986), language augments ongoing perceptual processing.

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effect beyond the realm of color discrimination. *Brain and Language, 105*(2), 91-98.


doi:18567253


Figure Captions.

Figure 1.
The design of Experiment 1. A random half of the trials contained numerals rendered in a typical Arial font (bottom) and the remaining half contained the less typical digital-font numerals (top). A random half of the trials were cued with category labels.

Figure 2.
Results of Experiment 1. The top panel shows overall median reaction times graphed separately for the atypical (left) and typical (right) trials. The bottom panels show the same data separated by display-type and typicality. Error bars indicate ±1 SE of within-subject condition differences.

Figure 3.
Results of Experiment 2. Mirror-reversing the typical stimuli eliminated the facilitating effect of labels. Error bars indicate ±1 SE of within-subject condition differences.

Figure 4.
Results of Experiment 4. The facilitatory effect of labels generalized to a richer stimulus set (chairs and tables). The facilitation of RTs due to labels for this stimulus set was only present for the first several blocks of each target category, reappearing when the category was switched. Error bars indicate ±1 SE of within-subject condition differences.

Figure 5.
Results of Experiment 5. Manipulating the delay between the onset of the numerical stimuli and the onset of the probe revealed that the facilitatory effect of labels was transient.

Figure 6.
The design of Experiment 6. A random half of the trials were cued with category labels. The trials were split evenly into stimulus durations of 100 ms, 300 ms, and 500 ms.
Figure 7.
Results of Experiment 6. a. The distribution of responses as a function of stimulus duration. Overall effects of labels on accuracy (left) and RT (right). c. The effect of labels on accuracy (out of 4) as a function of stimulus duration. d. The effect of labels on response time as a function of stimulus duration. Error bars represent SEs for within-subject condition differences.
Figure 1.

<table>
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<th>Fixation</th>
<th>Cue</th>
<th>Cue-to-stimuli delay</th>
<th>Stimuli-to-probe delay</th>
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<td>500 ms</td>
<td>1300 ms</td>
<td>500 ms</td>
<td>1500 ms</td>
<td>Response or 4000 ms</td>
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</tbody>
</table>

- **Label**: “attend to two [five]”
- **No-Label**: “attend to category”
Figure 2 (Experiment 1)

Latency (ms)

Atypical Typical
Without Labels With Labels

Latency (ms)

Atypical Typical
Without Labels With Labels

Latency (ms)

Atypical Typical
Without Labels With Labels
Figure 3. (Experiment 2)
Figure 4 (Experiment 4)
Figure 5 (Experiment 5)

[Graph showing latency (ms) against stimuli-to-probe delay with two lines representing 'Without Labels' and 'With Labels']
Figure 6 (Experiment 6).

<table>
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<tr>
<th>Fixation</th>
<th>Cue</th>
<th>Cue-to-stimuli delay</th>
<th>Stimulus Display</th>
<th>Click on 4 target positions</th>
</tr>
</thead>
<tbody>
<tr>
<td>500 ms</td>
<td>1300 ms</td>
<td>1000 ms</td>
<td>100-500 ms</td>
<td>Until response</td>
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</tbody>
</table>

Label: “attend to two [five]”  
No-Label: “attend to category”
Figure 7 (Experiment 6).