We're not an insurance company. West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.

Health Advocate

We can help.

The tragic attack on the worshippers at the synagogue in Pittsburgh reminds us of the threat of violence to our safety. Knowing how to respond to violent events and cope with traumatic experiences is important. Health Advocate is here to help.

Emotional Support

✓ Talk to a licensed clinician about feelings of helplessness, hopelessness, anger, fear or confusion
✓ Help with anxiety, stress and how to talk to your kids about the incident and their safety
✓ Tips to stay positive and productive

Information and Resources

✓ Connect to information to confirm the safety of family or friends
✓ Access additional local resources
✓ Find community organizations to assist with ways to help from afar

We're here when you need us most

Your Health Advocate benefit can be accessed 24/7. Normal business hours are Monday - Friday, from 8 am to 11 pm, Eastern Time. Staff is available for assistance after hours and on weekends. In a crisis, help is available 24/7.

Turn to us. We can help.

866-695-8622
HealthAdvocate.com/members

©2018 Health Advocate  HA-CEM-1810045--2FL Y

We're not an insurance company. West's Health Advocate Solutions is not a direct healthcare provider, and is not affiliated with any insurance company or third party provider.