only among blacks (to my knowledge) that a trace of their existence is left in the language. Rootworkers, healers, wise people with "second sight" are called "two-headed" people.

This two-headed woman was amazing. I asked whether the world would survive, and she said, No; and her expression seemed to say, The way it is going there's no need for it to. When I asked her what I/we could/should do, she took up her walking stick and walked expressively and purposefully across the room. Dipping a bit from side to side.

She said: Live by the Word and keep walking.

For about three years my companion and I rented a small house in the country that stood on the edge of a large meadow that appeared to run from the end of our deck straight into the mountains. The mountains, however, were quite far away, and between us and them there was, in fact, a town. It was one of the many pleasant aspects of the house that you never really were aware of this.

It was a house of many windows, low, wide, nearly floor to ceiling in the living room, which faced the meadow, and it was from one of these that I first saw our closest neighbor, a large white horse, cropping grass, flipping its mane, and ambling about—not over the entire meadow, which stretched well out of sight of the house, but over the five or so fenced-in acres.

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that were next to the twenty-odd that we had rented. I soon learned that the horse, whose name was Blue, belonged to a man who lived in another town, but was boarded by our neighbors next door. Occasionally, one of the children, usually a stocky teen-ager, but sometimes a much younger girl or boy, could be seen riding Blue. They would appear in the meadow, climb up on his back, ride furiously for ten or fifteen minutes, then get off, slap Blue on the flanks, and not be seen again for a month or more.

There were many apple trees in our yard, and one by the fence that Blue could almost reach. We were soon in the habit of feeding him apples, which he relished, especially because by the middle of summer the meadow grasses—so green and succulent since January—had dried out from lack of rain, and Blue stumbled about munching the dried stalks half-heartedly. Sometimes he would stand very still just by the apple tree, and when one of us came out he would whinny, snort loudly, or stamp the ground. This meant, of course: I want an apple.

It was quite wonderful to pick a few apples, or collect those that had fallen to the ground overnight, and patiently hold them, one by one, up to his large, toothy mouth. I remained as thrilled as a child by his flexible dark lips, huge, cubelike teeth that crunched the apples, core and all, with such finality, and his high, broad-breasted enormity; beside which, I felt small indeed. When I was a child, I used to ride horses, and was especially friendly with one named Nan until the day I was riding and my brother deliberately spooked her and I was thrown, head first, against the trunk of a tree. When I came to, I was in bed and my mother was bending worriedly over me; we silently agreed that perhaps horseback riding was not the safest sport for me. Since then I have walked, and prefer walking to horseback riding—but I had forgotten the depth of feeling one could see in horses’ eyes.

I was therefore unprepared for the expression in Blue’s. Blue was lonely. Blue was horribly lonely and bored. I was not shocked that this should be the case; five acres to tramp by yourself, endlessly, even in the most beautiful of meadows—and his was—cannot provide many interesting events, and once rainy season turned to dry that was about it. No, I was shocked that I had forgotten that human animals and nonhuman animals can communicate quite well; if we are brought up around animals as children we take this for granted. By the time we are adults we no longer remember. However, the animals have not changed. They are in fact completed creations (at least they seem to be, so much more than we) who are not likely to change; it is their nature to express themselves. What else are they going to express? And they do. And, generally speaking, they are ignored.

After giving Blue the apples, I would wander back to the house, aware that he was observing me. Were more apples not forthcoming then? Was that to be his sole entertainment for the day? My partner’s small son had decided he wanted to learn how to piece a quilt; we worked in silence on our respective squares as I thought . . .

Well, about slavery: about white children, who were raised by black people, who knew their first all-accepting love from black women, and then, when they were twelve or so, were told they must “forget” the deep levels of communication between themselves and “mammy” that they knew. Later they would be able to relate quite calmly, “My old mammy was sold to another good family.” “My old mammy was ————.” Fill in the blank. Many more years later a white woman would say: “I can’t understand these Negroes, these blacks. What do they want? They’re so different from us.”

And about the Indians, considered to be “like animals” by the “settlers” (a very benign euphemism for what they actually
were), who did not understand their description as a compliment.

And about the thousands of American men who marry Japanese, Korean, Filipina, and other non-English-speaking women and of how happy they report they are, “blissfully,” until their brides learn to speak English, at which point the marriages tend to fall apart. What then did the men see, when they looked into the eyes of the women they married, before they could speak English? Apparently only their own reflections.

I thought of society’s impatience with the young. “Why are they playing the music so loud?” Perhaps the children have listened to much of the music of oppressed people their parents danced to before they were born, with its passionate but soft cries for acceptance and love, and they have wondered why their parents failed to hear.

I do not know how long Blue had inhabited his five beautiful, boring acres before we moved into our house; a year after we had arrived—and had also traveled to other valleys, other cities, other worlds—he was still there.

But then, in our second year at the house, something happened in Blue’s life. One morning, looking out the window at the fog that lay like a ribbon over the meadow, I saw another horse, a brown one, at the other end of Blue’s field. Blue appeared to be afraid of it, and for several days made no attempt to go near. We went away for a week. When we returned, Blue had decided to make friends and the two horses ambled or galloped along together, and Blue did not come nearly as often to the fence underneath the apple tree.

When he did, bringing his new friend with him, there was a different look in his eyes. A look of independence, of self-possession, of inalienable horsemanship. His friend eventually became pregnant. For months and months there was, it seemed to me, a mutual feeling between me and the horses of justice,

of peace. I fed apples to them both. The look in Blue’s eyes was one of unabashed “this is fitness.”

It did not, however, last forever. One day, after a visit to the city, I went out to give Blue some apples. He stood waiting, or so I thought, though not beneath the tree. When I shook the tree and jumped back from the shower of apples, he made no move. I carried some over to him. He managed to half-crunche one. The rest he let fall to the ground. I dreaded looking into his eyes—because I had of course noticed that Brown, his partner, had gone—but I did look. If I had been born into slavery, and my partner had been sold or killed, my eyes would have looked like that. The children next door explained that Blue’s partner had been “put with him” (the same expression that old people used, I had noticed, when speaking of an ancestor during slavery who had been impregnated by her owner) so that they could mate and she conceive. Since that was accomplished, she had been taken back by her owner, who lived somewhere else.

Will she be back? I asked.

They didn’t know.

Blue was like a crazed person. Blue was, to me, a crazed person. He galloped furiously, as if he were being ridden, around and around his five beautiful acres. He whinnied until he couldn’t. He tore at the ground with his hooves. He butted himself against his single shade tree. He looked always and always toward the road down which his partner had gone. And then, occasionally, when he came up for apples, or I took apples to him, he looked at me. It was a look so piercing, so full of grief, a look so human, I almost laughed (I felt too sad to cry) to think there are people who do not know that animals suffer. People like me who have forgotten, and daily forget, all that animals try to tell us. “Every-thing you do to us will happen to you; we are your teachers, as you are ours. We are one lesson” is essentially it, I think. There
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are those who never once have even considered animals' rights: those who have been taught that animals actually want to be used and abused by us, as small children "love" to be frightened, or women "love" to be mutilated and raped. . . . They are the great-grandchildren of those who honestly thought, because someone taught them this: "Women can't think," and "niggers can't faint." But most disturbing of all, in Blue's large brown eyes was a new look, more painful than the look of despair; the look of disgust with human beings, with life; the look of hatred. And it was odd what the look of hatred did. It gave him, for the first time, the look of a beast. And what that meant was that he had put up a barrier within to protect himself from further violence; all the apples in the world wouldn't change that fact.

And so Blue remained, a beautiful part of our landscape, very peaceful to look at from the window, white against the grass. Once a friend came to visit and said, looking out on the soothing view: "And it would have to be a white horse; the very image of freedom." And I thought, yes, the animals are forced to become for us merely "images" of what they once so beautifully expressed. And we are used to drinking milk from containers showing "contented" cows, whose real lives we want to hear nothing about, eating eggs and drumsticks from "happy" hens, and munching hamburgers advertised by bulls of integrity who seem to command their fate.

As we talked of freedom and justice one day for all, we sat down to steaks. I am eating misery, I thought, as I took the first bite. And spit it out.

1986

Though it is more difficult to write about my father than about my mother, since I spent less time with him and knew him less well, it is equally as liberating. Partly this is because writing about people helps us to understand them, and understanding them helps us to accept them as part of ourselves. Since I share so many of my father's characteristics, physical and otherwise, coming to terms with what he has meant to my life is crucial to a full acceptance and love of myself.

I'm positive my father never understood why I wrote. I wonder sometimes if the appearance, in 1968, of my first book, Once, poems largely about my experiences in the Civil Rights movement and in other countries, notably African and Eastern European, surprised him. It is frustrating that, because he is now dead, I will never know.

In fact, what I regret most about my relationship with my father is that it did not improve until after his death. For a long time I felt so shut off from him that we were unable to talk.